



Celebrating World Creativity and Innovation Day

very April 21, World Creativity and Innovation Day reminds us that imagination drives progress. From art to technology, every big leap begins with a bold idea. This day celebrates thinkers, dreamers, and doers, those who challenge norms and create solutions. In a rapidly changing world, creativity is more than an asset, it's a necessity. Whether you're solving global issues or reimagining daily tasks, your ideas matter. Today is a call to nurture innovation, encourage curiosity, and unleash the creative spark within us all. Because the future belongs to the creative minds shaping it.

#FOOD-TALK

Pinni vs. Panjiri

A Sweet Showdown of Tradition and Taste!



India's culinary landscape is filled with iconic sweets, but few manage to capture the heart of winter festivities and traditional nourishment like Pinni and Panjiri. Though similar in their use of ghee and flour, these two are more than just sugar-laden treats. With distinct textures, flavors, and cultural significance, Pinni and Panjiri each have a unique identity. Let's explore what makes them special.

The Essence of Indian Sweets: What Makes Pinni and Panjiri Unique?

At first glance, both Pinni and Panjiri seem like variations of the same sweet, thanks to their base ingredients: ghee, flour, and sugar. However, it's the subtle additions and the method of preparation that differentiate them.

- Pinni:** Made from whole wheat flour or gram flour (besan), ghee, sugar, and a blend of nuts like almonds, cashews, and pistachios, Pinni is richer and smoother. The dough is roasted slowly, and flavors like cardamom or saffron bring a unique aromatic depth. Typically rolled into small balls, Pinni is a melt-in-your-mouth delight.

- Panjiri:** In contrast, Panjiri is made using roasted wheat flour, ghee, dry fruits, and aromatic seeds like methi (fenugreek) and saunf (fennel), with the addition of edible gum (gond). These ingredients give Panjiri a grainy, rough texture and a distinctive taste that is earthy and slightly spiced. It's often served as a dry mixture that can be eaten on its own or mixed into milk.

Texture Wars: Soft and Melt-in-Your-Mouth vs. Crunchy and Nourishing

The most noticeable difference between Pinni and Panjiri is their texture.

- Pinni:** Smooth, firm, and rich. The ghee makes Pinni soft, chewy, and dense, creating a comforting experience with every bite. It's designed to slowly dissolve in your mouth, giving off a buttery sweetness.

- Panjiri:** Coarse and crunchy. The roasted flour and dry fruits create a crumbly texture that's more substantial. Panjiri's dry form can be eaten as it is or mixed into milk, offering both a snack and a drink in one.

Cultural Roots: The Stories Behind Pinni and Panjiri

Both sweets are steeped in



cultural tradition but serve different purposes.

- Pinni:** Primarily a winter treat, Pinni is a staple in Punjabi homes, often prepared during festivals like Lohri and Makar Sankranti. Its rich ingredients provide warmth and energy during the cold months, making it an essential winter snack.

- Panjiri:** Historically, Panjiri has been considered a post-natal food, known for its health benefits, particularly for new mothers. It's packed with ingredients that boost strength and energy, making it a go-to choice during festivals like Navratri and Diwali.

Health Benefits: Sweetness with a Purpose

Beyond their taste, both sweets offer notable health benefits.

- Pinni:** Packed with ghee and nuts, Pinni is a great source of healthy fats, proteins, and energy. It's ideal for boosting stamina during the winter months.
- Panjiri:** The combination of fenugreek, fennel, and gond makes Panjiri a powerhouse of digestive and immune-boosting properties. It's often recommended to aid digestion, improve metabolism, and provide essential nutrients.

Whether you choose Pinni with its rich, buttery texture or the crunchy, health-packed goodness of Panjiri, both sweets are more than just a treat. They are cultural symbols that bring families together, nourish the body, and add sweetness to life's special moments. Next time you're faced with the choice, let the flavour, texture, or health benefits guide your decision, either way, you're indulging in a piece of Indian tradition!



A Door Cracked Open



Power doesn't always shatter with betrayal, it frays with silence. After the victories and alliances, came the harder war, one of doubt, desire, and the ache of being unseen. As Babur's blades rested, his words moved. Whispers became weapons, and loyalty began to erode, not with rebellion, but with longing. This is the story of the second silence, the one that doesn't scream, but changes everything.



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Dew and a YouTube

Historically, after any failed alliance or perceived betrayal, Rajput coalitions grew increasingly cautious. Trust was delicate. The Mughals often used subtle diplomacy, offering titles, land, and non-aggression in return for loyalty. This article reflects that historical strategy: less brute force, more emotional calculus. The unravelling has begun, not with battle, but with doubt.

The Map of Desires

In the private tent of a Mughal envoy outside Jalore, a map was being redrawn, not with ink, but with whispers. On its surface, it looked like any other map of Rajputana cities, forts, rivers. But beside each kingdom's name, a symbol had been carved in gold leaf. Not military strength. Not

trade output. But desire. For Bikaner, it was 'Recognition.' For Bundi, 'Autonomy.' For Jalore, 'Legacy.' And for one princeling near the hills of Sirohi, the word was simply: 'Vengeance.'

Babur's spies had done their work well. Every ruler, no matter how loyal in public, had been studied for what kept them awake at night. Their griefs, their dreams, their wounds. Babur wasn't looking for enemies. He was looking for ache. And he had found it.

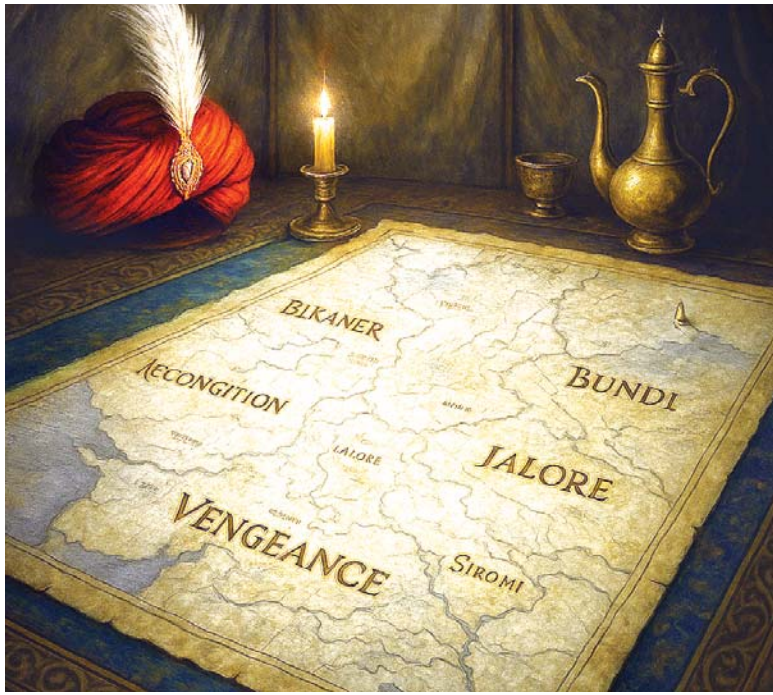
In Sirohi, a door cracked open

Kunwar Amar, youngest son of Rao Lakha, had grown up in shadow. Overshadowed by elder brothers. Denied command. Denied land. But never denied vision. When the Mughal scroll arrived, he read it thrice. It offered no insult. No bribe. Only validation. "You were never invisible. You were merely waiting."

That night, Amar walked alone to the family shrine and lit a diya. Not for guidance. But for resolve.

He would not defect. Not openly. But he would listen.

And sometimes, listening is the first betrayal.



Meanwhile, in Chittorgarh, another map was taking shape

Sanga gathered his most trusted scribes. Not to redraw borders, but to chart trust. Not all kingdoms were equal in arms, but all had weight. Some bore grain. Others, roads. Some, memory. "Power," Sanga told them, "is not just steel and stone. It's knowing who will stay when the fire rises."

They began assigning emissaries not by rank, but by temperament.

The quietest man in the court was sent to Bundi.

A laughing, sharp-tongued soldier rode to Bikaner.

To Sirohi, they sent no one. Not yet.

Historical Anchoring

In Mughal strategy, emotional leverage often proved more effective than force. Babur understood the inner landscape of rulers, their hunger for recognition, legitimacy, or revenge. This article builds on that historical realism, mapping not terrain but intention. Amar of Sirohi is fictional, but emblematic of the many lesser royals that history forgot, whose silences shaped greater wars.

In the hills of Sirohi, where the nights smelled of cedar and rain, Kunwar Amar sat by his window, watching the shadows curl around the palace pillars.

He had not answered Babur's letter. But he had not burned it either. It remained hidden beneath his sword belt, a scroll that said

nothing treasonous, and yet everything unforgivable.

"You were never invisible. You were merely waiting."

Amar hadn't meant to listen. Not truly. But silence, once planted, grows like a root inside a man.

His elder brother, Kunwar Jawan, was away, sent to Chittorgarh for an engineering council. Their father, Rao Lakha, was still loyal to the Rajput Sangh, still proud of Amar's horse drills and court attendance. Still blind to what Amar had not said. Each evening, Amar attended the war room. He bowed. He nodded. He said nothing.

But at night, he walked. To the old granary. To the edge of the outer wall. Past sleeping guards and whispering trees. He had

#SILENCE AGAIN

PART:5

begun to memorize the shift rotations. The blind spots. Not to plan, but because his mind had started needing to know.

The second letter arrived hidden in a chessboard. Delivered by a travelling merchant from Agra, the board had carvings of Timur and Alexander. Amar turned it over slowly. Inside the hollowed base was a folded note and a single gold coin.

The note read:

"A future king does not wait for permission. He makes his own mirrors." Amar did not tremble. He placed the note beside the first. He held the coin to the candlelight and watched the fire bend around it. He did not respond. But neither did he destroy it.

That week, his younger cousin asked him to recite the Rajput Sangh oath at a temple ceremony. Amar smiled, took the script, and walked out before the prayer began. The priest waited. The crowd whispered. And Amar, in the shadows of the shrine, closed his eyes and tried to remember when he had last believed in the words. He couldn't.

That night, he placed both letters into an iron box and locked it. Not out of guilt. But to delay a truth he could no longer outrun.



The images for the article have been sourced from the internet. "All images are for representational purposes only and do not depict actual historical events or individuals."

#J'ADORE

Heat? Meet Your Match

Summer-ready hairstyles for professional women!

Knot Bun with a Twist



Twisted Low Ponytail

A sleek low ponytail with a side twist at the front or wrapped with a hair strand gives off a modern, runway-ready feel. It's easy to do and ultra-polished.

Bubble Braid Ponytail



French Twist Claw Clip Updo



Curtain Bangs with Low Puff Ponytail

Pair soft curtain bangs with a low puff ponytail. It frames the face beautifully and gives an effortless glam vibe, especially for women with layered cuts.

Slicked-Back Wet Look Bun



Micro Braids or Accent Braids



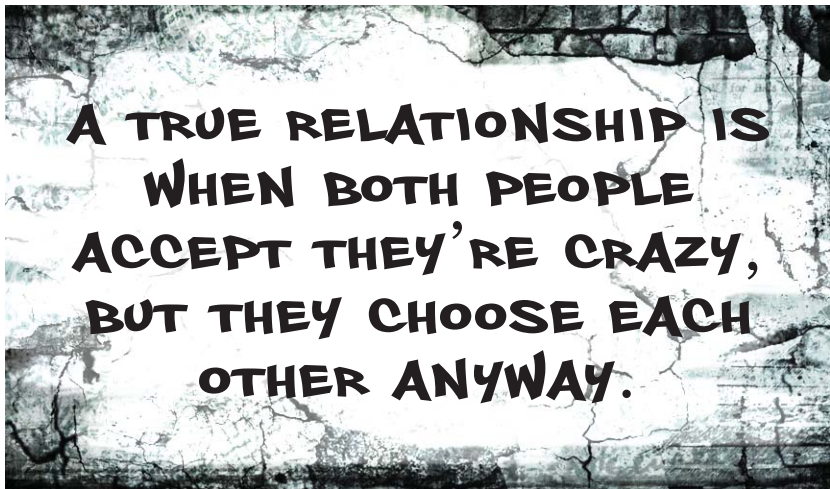
Bonus Trend Alert: Accessories That Work

Use a strong-hold gel or serum to create a clean, slicked-back bun. This high-fashion look means business and keeps frizz out of sight.

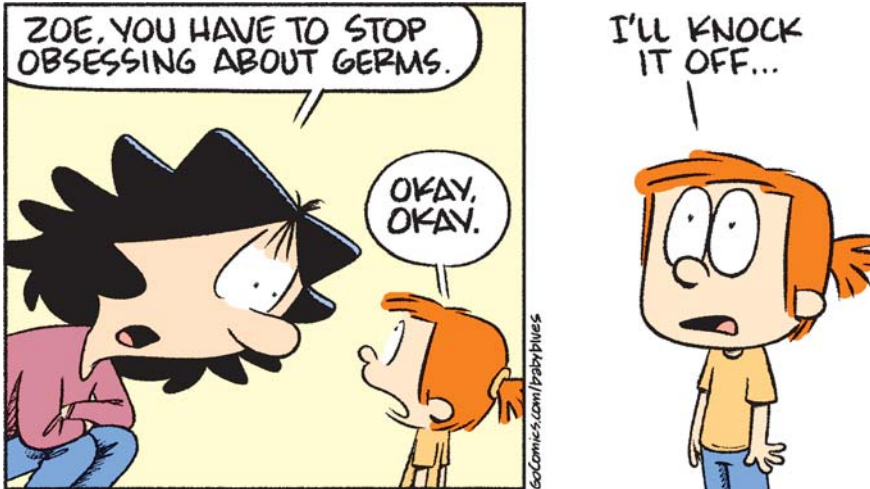
Add one or two tiny side braids to a half-updo or loose waves. It brings an edgy vibe to a professional look without going overboard.

Satin scrunchies, minimalist hair claws, and pearl pins are in, adding just the right touch of flair to a structured office look.

THE WALL



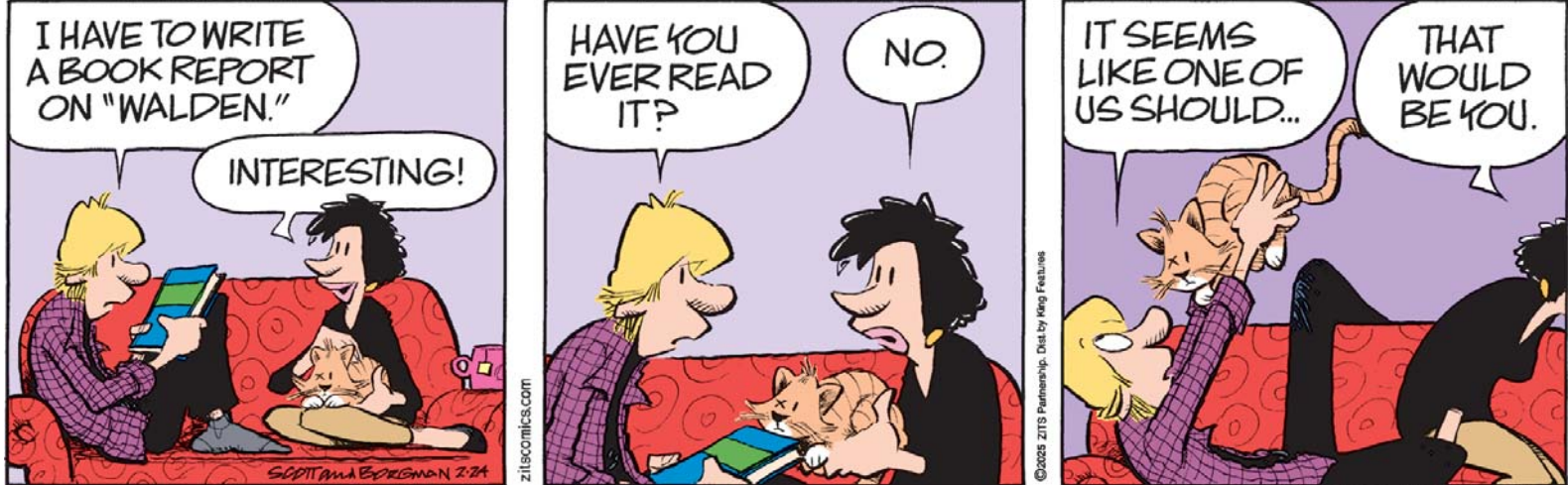
BABY BLUES



By Rick Kirkman & Jerry Scott



ZITS



By Jerry Scott & Jim Borgman