The Stars Everyone's Eager to See!

Trendsetters and Possible Fashion Blunders

The Showstoppers: Who Will Steal the Spotlight?

he anticipation is real! Fans

post-motherhood glam, Privanka

Chopra's international flair, and

Shah Rukh Khan's evergreen

TT hile some stars are sure to set

VV trends, that will dominate the

season, others might just miss the

mark. Ananya Panday and Janhvi

Kapoor have been taking bold risks,

W hile everyone will bring their fashion A-game, all eyes will

be on Bollywood's biggest divas and

trendsetters. Will *Privanka Chopra*

make a surprise appearance in a

dramatic ensemble? Will Ranveer

TT ith Bollywood's finest descend-

tain, fashion will be fierce, fabulous,

and full of surprises. Whether it's

regal elegance, high-shine drama,

or avant-garde experimentation

the IIFA 2025 Green Carpet is set to

ing on Jaipur, one thing is cer-

Final Word: Expect the Unexpected!

are dying to see Alia Bhatt's

for meningitis awareness. Meningitis is a swelling of the membranes covering the brain and spinal cord.

charm. Meanwhile, the biggest

question remains, Will Ranveer

Singh once again be the talk of

but will they pay off this time? And

what about the men? Tiger Shroff

and Varun Dhawan have played it

safe so far, but will they surprise us

Singh once again prove that rules

don't apply to him? And what about

Shah Rukh Khan? Will he bring

back his signature sleek, all-black

charm or surprise us with a bold.

be a runway spectacle like no

other! Get ready to gasp, swoon,

and take endless screenshots, and a

blank cheque, wardrobes will make

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with a daring new look?

the night with a wild, experimen-

राष्ट्रदुत

#WORK SMARTER

The Middle Management Crisis: Challenges and Solutions

Middle managers are struggling. Here's how employers can better support them, and help prepare the young employees, who might take their place in the future.



five years. The pandemic brought massive upheaval, followed by ongoing shifts as companies transitioned to remote work and later attempted to reinte-

spaces. Throughout these agers have been expected to maintain morale, address employee dissatisfaction, and manage increasing workloads, often with fewer resources, due to lavoffs and restructuring.

The Growing Pressure on Middle Managers

The demands placed on easing, and this could lead to high turnover rates in the near future. Many managers are struggling to balance their responsibilities, feeling overwhelmed by the combination of operational duties and strategic tasks. The pressure to deliver results, manage teams, and adjust to evolving workplace policies leaves little room for their own well-being. Adding to the challenge, there

is uncertainty about who will step into these roles if current managers decide to leave. Surveys suggest that many Gen Z employees are reluctant to take on middle management positions, citing high anxiety levels and a lack of interest in leadership responsibilities. If companies fail to address these concerns, they may face a severe shortage of capable managers, leading to widespread disruptions in workflow and productivity.

Preventing a 'Manager Crash'

no avoid a mass exodus of middle managers, companies must take proactive steps to support both current man-

Investing in Middle Manager Support Programs

ne effective strategy is resources and explicitly proassessing psychosocial risks within the workplace. Identifying stressors such as tight deadlines, excessive workloads, and workplace conflicts can help companies implement better support structures. Middle managers often juggle daily operational tasks while being expected to contribute to long-term strategy, making their role uniquely demanding. Providing access to mental health

moting workplace benefits can make a significant difference. Companies should consider implementing mandatory vacations or designated 'disconnect periods' to prevent burnout. Additionally, ensuring that middle managers have regular and meaningful check-ins with senior leadership can reduce feelings of isolation and help them navigate their roles more effectively

Stress management:

Coping strategies for han-

dling workplace pressure.

Employee engagement:

path for Gen Z employees.

Preparing the Next Generation of Managers

iven the reluctance of younger employees to pursue middle management, companies need to actively nurture future leaders Training programs should focus on building key managerial skills, particularly those that help employees handle change and stress effectively.

These include: Emotional control: Managing difficult situations calmly and effectively.

inspire teams Positive leadership: Encouraging resilience

and adaptability By prioritizing these areas. companies can make middle management a more appealing and sustainable career

What Can Managers Do

or those already in middle management, there are strategies to help ease the burden. One of the most crucial steps is delegation. Managers should avoid micromanaging, and instead empower employees to take on responsibilities. This not only lightens their workload but also provides team members with growth opportunities. Ultimately, the role of a middle manager is to enable their team to succeed. By implementing the right support structures and preparing the next generation, organizations can ensure that middle management remains a viable and fulfilling career path, rather than a stress-filled burden.









Hosting IIFA in Jaipur means that we can expect a royal renaissance on the green carpet. Think heavy embroidery, luxurious silk lehengas and intricate mirror work inspired by Rajasthan's opulence Deepika Padukone, known for her love of classic elegance, might just stun in a handcrafted Abu Jani-Sandeep Khosla lehenga dripping in regal charm

So Who Will Be Wearing What!!

Bollywood Royalty: Regal Rajasthani Influence Tosting IIFA in Jaipur means that we can expect a royal Kothari

jaw-dropping

fashion moments

that set social media

on fire. As the green carpet

unrolls in Jaipur, one question

reigns supreme, Who will wear

what? Before the first celebrity

strikes a pose, let's spill the pre

event fashion tea! Who will live up

to our sky-high expectations, and

who will leave us questioning

their choices? Will we witness

trendsetting brilliance, or will

someone boldly step into the

dreaded fashion blunder territo-

ry? Let's break it down, piece by

piece, because when it comes to

Bollywood and fashion, there are

shocks and surprises, some pleas-

ant, and others...

renaissance on the green carpet Think heavy embroidery, luxurious silk lehengas, and intricate mirror work, inspired by ashionistas, influ Rajasthan's opulence. Deepika encers, Bollywood *Padukone*, known for her love of fanatics! But the classic elegance, might just stun most dazzling aspect in a handcrafted Abu Janiof events like IIFA isn't just the awards The Bollywood Bling Game: High-Shine Glamour or performances, it's

M etallics, sequins, and shimmer, expect a full-on

dazzle in a figure-hugging, crys-

sparkle fest! Katrina Kaif, the queen of timeless glamour, might rock an elegant Elie Saab number, while Kriti Sanon could

Power Dressing: The Rise of Statement Suits

M ove over gowns, too much in the face now, power suits are here to slay! From *Alia* Bhatt to Kareena Kapoor Khan, Bollywood's leading ladies are embracing structured, tailored suits with cinched waists and bold shoulders. Expect offbeat colours like emerald green, electric blue, and hot pink to rede

have all the fun? **Dramatic Trains & OTT Gowns: More is More!**

Sandeep Khosla lehenga drip-

And what about Ranveer

Singh? The king of quirky fash-

ion might nut a modern twist on

traditional Bandhgala suits or

show up in a sherwani with an

outrageous edge, perhaps neon?

Velvet? Who knows, but we're

tal-encrusted gown. Gold, silver,

and holographic fabrics will

rule the night, ensuring that the

stars shine as bright as the

fine red carpet glamour with a

men! Vicky Kaushal and

Shahid Kapoor might ditch the

classic tux for printed blazers,

experimental drapes, or even

because why should women

jackets,

And let's not forget the

Jaipur skyline

fierce, modern edge.

pearl-embellished

ping in regal charm!

or the drama queens of Bollywood, volume and extravagance are key. Think flowing capes, ruffled trails, and extravagant ball gowns fit for a Bollywood fairytale Janhvi Kapoor and Ananya Panday might go all out in couture pieces by international designers, bringing the red carpet drama we all live for.

Kareena Kapoor Khan, meanwhile, has been a beacon of effortless grace, favouring sleek, powerful looks that redefine minimalistic glamour. From red-hot slit gowns to classic black numbers, she knows how to own the carpet without overdoing it. Katrina Kaif sticks to her timeless, feminine aestheticflowing gowns, pastel tones,

#IIFA JAIPUR

Eco-Friendly Fashion: The Sustainable Statement

ustainability is making its way to the green carpet, and we love to see it! Celebs like Bhumi Pednekar and Dia Mirza could rock upcycled designer pieces, plant-based fabrics, or stunning saris with a sustainable twist. Ethical fashion is in. and Bollywood is embracing it with style. Expect brands like Stella

McCartney and Indian designers like Anita Dongre, who is known for her eco-conscious col-

ver the years, IIFA has been a playground for

fashion experimentation. From

dazzling elegance to unexpect-

ed risks, the green carpet has

seen it all. Deepika Padukone

has often gravitated towards

dramatic gowns and regal sil-

houettes, bringing a touch of

high fashion to every appear-

ance. Her structured Gauray

Gupta ensembles from past

events have been showstoppers.

Bhumi, Dia, and maybe, even Deepika Padukone! Flashback: What Bollywood Stars Have Worn in the Past soft silhouettes Meanwhile, Ranveer Singh? Well, he breaks every rule in the book and somehow still owns it! From electric blue

lections, to take center stage. We

may even see innovative, recy

cled couture, think outfits craft-

ed from repurposed fabric

scraps or ensembles made using

zero-waste techniques. With

tainability growing louder,

Bollywood stars have a platform

to influence eco-conscious fash-

ion on a grand scale. Who will

lead the charge? Our bets are on

global conversations about sus

suits to gender-fluid skirts, he's the wild card everyone loves to IIFA has also witnessed its fair share of surprises and blunders. While stars like Alia Bhatt and Anushka Sharma have consistently impressed with their refined choices. there have been moments when Bollywood's risk-takers missed the mark, whether it was an illfitted silhouette or an experi-

mental look that didn't land. As IIFA 2025 approaches, burning remains, Who will outshine their past selves, and who might end up in the fashion faux pas category?



Effortless Spring Style

Building a Capsule Wardrobe with an Indian Touch!

pring is a time of renewal, and what better way to refresh your style than by curating a *capsule* wardrobe? A well-planned capsule wardrobe consists

of a limited number of versatile, timeless pieces that can be mixed and matched effortlessly. In India, where spring brings pleasant temperatures with occasional heat waves, it's important to create a wardrobe that is stylish yet practical. Here's how to build the perfect spring capsule wardrobe with an Indian twist.

Choosing the Right Fabrics With the transition from winter to

summer, breathable fabrics are key. Opt for cotton, linen, and khadi, which keep you cool while exuding elegance. These fabrics are perfect for kurtas, sarees, tunics, and even fusion wear. Block prints, chanderi, and mulmul are great choices for adding an ethnic touch to your wardrobe



A rary tops will help you transition through the season effortlessly.

• Cotton kurtas- A-line or straight-cut kurtas in pastel

shades or floral prints. Short kurtis and tunics-Perfect for pairing with jeans,

palazzos, or skirts. Basic T-shirts and blouses- In neutral tones for layering under jackets or dupattas.

White linen or chikankari kurta- A timeless piece that pairs well with everything.

Dupattas

Cotton or linen

Light Layers and

incomplete without layering options for slightly cool evenings. Consider:

shrugs- Light and easy to carry Handwoven dupattas-Banarasi, phulka ri, or kalamkari

a simple outfit. Denim or cottor jackets- Great

dupattas can

instantly elevate

Footwear and Accessories

omplete your spring capsule wardrobe with minimal vet stylish accessories: • Kolhapuris or juttis-Comfortable and elegant for

everyday wear. Statement earrings- Oxidized silver or jhumkas for a tradition

Handcrafted bags- A jute or handwoven sling bag to carry

adding style.

vour essentials Sunglasses and scarves- To protect against the sun while



Bottoms to Mix and Match



 Chikankari or cot ton pants- Easy to pair with tunics and

Denim jeans- A staple that works with both ethnic and west-

Long skirts- Perfect for bohemian or Indowestern styles.

Dresses and Ethnic Fusion We

🔘 pring is the perfect time to bring out breezy midi dresses and Indo-western outfits Maxi dress es in floral prints, anarkalistyle dress es, or handloom cotton iumpsuits can be versatile additions. Pair them with juttis or kolhapuris for an effort-

your closet!

I he kev to a great capsule wardrobe is investing in quality over quantity. Stick to neutral and earthy tones with a few vibrant prints to mix things up. By keeping your wardrobe mini mal yet stylish, you can enjoy effortless dressing while embracing Indian craftsmanship and culture. This spring let vour wardrobe reflect comfort, ele gance, and sustain ability. With the right mix of traditional and you can stay stylish without overloading



THE WALL



BABY BLUES



By Rick Kirkman & Jerry Scott



IMPREVIEWINGNEW MUSIC FOR MY OFFICE PHONE SYSTEM!

