राष्ट्रदुत

#GEMSTONES

Emerald, Ruby, Diamonds And Jade

Precious Gemstones and Their Unique Characteristics: Emerald, Ruby, Pink Diamond, Jade, and Blue Diamond





fascinated humanity for cen turies, prized for their beauty, rarity, and symbolic significance. Among the most admired are Emerald Ruby, Pink Diamond, Jade, and Blue Diamond, each with

distinguish them in the world of luxury and jewellery. Emerald is celebrated for its lush green colour, ranging from deep forest green to lighter vellowish-green hues. Known as the stone of growth and renewal, emeralds often contain natural inclusions called 'jardin,' which add character and authenticity. While they are softer than rubies or diamonds, their vibrant colour and historical prestige make them highly

unique characteristics that

sought after for rings, necklaces, and high-end jewellery. Ruby stands out for its vivid red hue, symbolizing passion, vitality, and power. The most prized rubies, known as 'pigeon's blood, exhibit a deep red with a subtle blue undertone. Rubies are extremely durable, second only to diamonds in hardness, making them suitable for everyday wear. Their rarity and historical significance in royal jewellery contribute to their enduring appeal and value.

the rarest and most luxurious gemstones. Their delicate pink shades are caused by distortions in the diamond's crystal lattice, making each stone unique. Extremely scarce, pink diamonds can command astronomical prices at auctions and in private collections, prized for their beauty, rarity, and exclu-

Pink Diamonds are among

sivity. Jade, one of the oldest gemstones in human history, s treasured particularly in East Asian cultures. It comes primarily in nephrite and varieties, with iadeite being rarer and more valuable. Known for its soothing green tones, jade symbolizes purity, wisdom, and protection. Beyond its aesthetic appeal, jade has been used historically in carvings, ornaments, and ceremonial objects, making it culturally and spiritually significant in addition to its value as a gemstone.

Blue Diamonds are among the rarest and most coveted gemstones in the world. Their deep blue color results from trace amounts of boron within the crystal lattice. Blue diamonds are extremely hard. brilliant, and rare, with famous examples like the Hope Diamond achieving record-breaking auction prices. Their combination of scarcity, historical significance, and striking appear-

ance makes them the most expensive among this group. In terms of market value, Blue Diamonds generally top the list, followed closely by Pink Diamonds, Jade, while highly prized culturally and for its beauty, usually does not reach the astronomical prices of rare colored dianonds but remains invalu-

spiritual significance. Overall, Emerald, Ruby, Pink Diamond, Jade, and Blue Diamond each offer a unique combination of colour, rarity symbolism, and beauty Collectors and iewellery enthusiasts treasure them not only as ornaments but as enduring symbols of luxury heritage, and natural wonder.

able for its historical and





Bulbul Joshi

when Sri Lanka was still Ceylon

and Vajira Chitrasena was begin-

ning to captivate audiences across

tion to Kandvan dance, once a little-

known ritual form of Sri Lanka's

central highlands that became a

performance art in the 1950s. It was

her pioneering effort in building the pedagogy and choreographies of

Kandyan dance that crystallised the

work begun by her partner,

Vaiira made a historic contribu

the globe.

Chitrasena.

cannot dull the fire of

the image, a dancer air-

borne in a leap, like a

flying apsara, with

improbably long arms

and legs stretched in

elegant lines and

angles. It is a photo that

goes back to a time



A close look by Sheema Kermani into Pakistan's male Kathak dancers and their struggle with social bias and the disapproval of both the clergy and the state. Elsewhere, there is Kuchipudi dancer Yashoda Thakore's journey of discovery where she stumbles on the bloodlines that link her to Amany, the Devadasi who swept Europe like a storm in 1838 at age 17 and was an ancestor of her guru. In one essay, Lubna Marium explains why a folk form in rural Bangladesh is vilified as 'wicked,' and in another, Malaysian Odissi dancer Ramli Ibrahim looks back at how the form found a home in his country over the last four decades.

Across the ocean and past the

expanse of India is another dancer

of whom we know too little. Indu

Mitha, now 96, took Bharatanatvam

from Kalakshetra to Lahore in the

1950s and nurtured it through years

of turbulence to give it a local

dreds of such stories that do not get

the attention they deserve. What, for

example, do we know of the Telugu

chronicles of a 17th-century Navaka

king's daily life enacted and danced

as a means of preserving history in

the people's mind? Or the outstand-

ing Bharatanatyam dancers who

brought a cinematic version of the

style to Tamil and even Hindi

movies but were never celebrated

Asia are less known but no less riv-

eting because they hold a wealth of

meaning for us today. They fore-

ground for us the raging contempo-

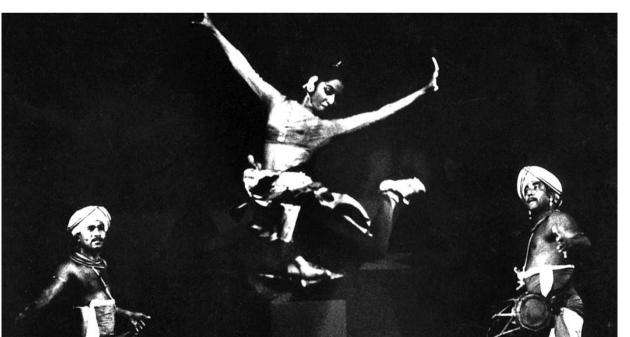
These dance histories of South

In India itself, there are hun-



Vajira Chitrasena and her husband Chitrasena.

#DANCE



rary debates in dance, on questions of hierarchy, politics, caste, religion, censorship and gender. But to olumb these stories and their meanings, there was nowhere you could go as a dance community, scholar or Until 2022, the year when the

pandemic turned less deadly! That is when a group of dancers, scholars and arts enthusiasts got together to float an online journal where the cultural, political and historical issues facing South Asian dance could be discussed by regional voices. It was named SADI. Scholar and activist, Arshiya Sethi, who has edited the three annual issues of the journal so far chuckles about its name. SADI expands to a mouthful South Asian

rmimala Sarkar Munsi, a

scholar of theatre and performance studies, believes that SADI sets right the skew in writings on South Asian dance, which have tilted disproportionately to West-based scholarship. "There is a certain neo-colonialism in how foreign journals regulate the writings of non-English speaking scholars," she said. So, vernacular scholarship, no matter how good, is less seen.

Dance Intersections, but it is also Punjabi for ours, a word that befits the journal. Because what SADI does is amplify the research of scholars and dancers from Bangladesh, India, Sri Lanka and Pakistan working in their own

Urmimala Sarkar Munsi, a scholar of theatre and performance studies, believes that SADI sets right the skew in writings on South Asian dance which have tilted dis proportionately to West-based schol arship, "There is a certain neo-colonialism in how foreign journals regulate the writings of non-English speaking scholars," she said. "So, vernacular scholarship, no matter how good, is less seen. Unless you go to an American university and have the language, courage, networks and encouragement, you are unlike-

ly to find a platform that will publish and publicise your work on dance. We, at SADI, believe in the need for inclusion of these voices who are less known, do not have that edge, but who have unbelievably rich, rare material. SADI is an important assertion of their right to

But this pushback, the editorial team maintains, is not just against the monopoly of West-based scholarship, it is also aimed against the hierarchies and privileges entrenched within South Asian cultures and societies.

In its pages, for instance, you will find a close look by Sheema Kermani into Pakistan's male Kathak dancers and their struggle with social bias and the disap proval of both the clergy and the state. Elsewhere, there is Kuchipudi dancer Yashoda Thakore's journey of discovery, where she stumbles on the bloodlines that link her to Amany, the

ancestor of her guru. In one essay, Lubna Marium explains why a folk form in rural Bangladesh is vilified as 'wicked,' and in another, Malaysian Odissi dancer Ramli Ibrahim looks back at how the form found a home in his country over the last four decades. Although SADI is an academic journal, it is hosted on the website of the University of North Carolina, Charlotte, and its essays are blind and peer reviewed, it allows space for varied kinds and styles of writings. There are straight historiographies, interviews, photo and video essays, sharp political analyses and reflective personal essays. And the essayists include dance practitioners, academics as well as those who straddle both worlds. What this diverse harvest of ideas also yields along the way, Sethi says, are unexpected archives and

importance of safeguarding biodiversity and ensuring that future generations can marvel at these silent, powerful predators in their natural habitats.

Devadasi who swept Europe like a

storm in 1838 at age 17 and was an

Erasing divides

xactly what is South Asian dance? Theoretically includes all dance forms, classical, folk, popular and ritual, from the South Asian nations of Bangladesh, India, Nepal, Pakistan, Sri Lanka and Bhutan. But so high is the perch occupied by Indian classical dances in the hierarchy, especially Kathak Bharatanatyam, that they overshadow all else, says Munsi. Indian classical dances acquired

the South Asian tag only in the 1980s, argues dance scholar Avanthi Meduri in her essay Labels. Histories. Politics: Indian/South Asian Dance on the Global Stage. The shift happened first in the United Kingdom, where state and institutional support for the Indian forms necessitated a more global profile, she says. There is also the ndeniable fact that the UK, and the world at large, is now a free space for the creative intermingling of the South Asian diaspora and its arts. You could, for instance, be a Sri Lankan trained in Bharatanatyam, which informs your contemporary work, or a Pakistani or Bangladeshi dancer trained in Kathak and teaching an Indian student.

One of the best illustrations of these linkages is in the work of young Kathak dancer Sushant Gauray, who specialises in the rarely seen Lahore Lucknow gha rana. In an interview tracking the style in SADI, he speaks of his London-based guru Fasih Ur Rehman, who was tutored by the Lahore-based Ghulam Hussain Kathak, himself a student of the legendary Achhan Maharai, Their ultra slow (ati vilambit) and very unusual Kathak with flowing curves and bends has now traversed several cities, nations and continents to come into its own.

Another remarkably nuanced essay comes from Odissi dancer and scholar Aadya Kaktikar, who argues that the principles of traditional dance forms can coexist with modern notions of egalitarianism. "Hard boundaries like these serve

neither the art nor the artiste, either that all that is classical is rubbish or that all that is not sacred should be thrown out," she said. "Odissi is the form my body knows and gives it joy, so, I don't want to step out of its grammar. But I also have a cognitive understanding of the history and politics of dance. I have to negotiate my own way past any kind of gatekeeping by tradition or modern thinking.'

Kaktikar's arguments hark back to the creative struggles her guru faced in the 1950s, when Odissi was still evolving. The old was dead and the new was still invisible. "My guru's work is considered canonical in Odissi, but as a young man, he had to negotiate with the unequal modernity of his time, new audiences and forms of SADI and its attempts at

'decolonising dance writing' in a way is an ideal platform for scholars like Kaktikar, especially since it invites both worldviews, of performers and scholars. "Academic writing on Indian dance is mostly cornered by scholars at American and European universities," she pointed out. "But living, working and writing here needs a different kind of tenor. The problem here is that we have a sharp divide between performance and scholarship that you don't see anywhere else. The written word ignores the oral tradition and the reverse too. Dancers have set the discourse around dance in India but they never talk of its troubled history; and scholars have to initiate any and all critical discourse.

SADI, in that sense, is a fledgling attempt at erasing these divides. Interestingly, a part of the effort is mentorship of writers who may not have the necessary academic tools or language. "We are not looking at papers with a regulatory mechanism or that 'I can destroy you' approach," said Munsi. "If you need help, we are here to offer it."

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#TRADITIONS

Why Do We Do This At All?

Why Do We Blow Out Candles, Throw Bouquets, and Shake Hands? The Hidden Histories Behind Everyday Traditions

weddings, or sealing deals with a hand shake, human culture is full of rituals so embedded in daily life that we rarely stop to ask, why do we do this at all? These actions feel natural now, but many have ancient, symbolic, or even superstitious origins. Here's a closer look at the surprising roots and evolving



Blowing Out Birthday Candles: A Whisper to the Gods

oday, it's a lighthearted moment, you close your eyes, make a wish, and blow out the candles on your birthday cake. But this practice is far older and more symbolic

most common traditions.

than most realize. Historians trace the origins of birthday candles back to ancient Greece, where worshippers would offer round cakes to Artemis. the goddess of the moon. These cakes were often adorned with lit candles to mimic the glow of the moon, symbolizing a connection between humans and the divine. The rising smoke was

Later, in Germany, a similar tradition called Kinderfest involved placing a candle on a cake to represent the 'light of life.' Over time, the number of candles grew to match the celebrant's age, and the practice became more widespread The idea of making a wish while blowing them out may have evolved from the belief that blowing out all candles in one breath ensured that the wish would come true, a

test of luck, willpower, and

wishes to the gods above, a

custom not unlike making a

silent wish today.

The Bride Throwing Her Bouquet: Escaping the Crowd

t weddings today, the A bouquet toss is a fun, photo-worthy moment, but its origins are rooted in chaos. superstition, and self-preser-

In medieval Europe, being a bride was considered so lucky that guests would literally try to tear off pieces of the bride's dress, flowers, or veil to take home as tokens of good fortune. This often resulted in crowds swarming the bride, tugging at her gown in a frenzy. To escape this brides began throwing a decoy, their bouquet, to distract the crowd while they made a getaway.

Over time, the custom transformed. Catching the bouquet became a symbol of luck in love, with the idea

7 hat's fascinating about

VV these customs is how

their original purposes often

fade, while the rituals sur-

vive, sometimes as symbolic

gestures, sometimes as simple

habit. Blowing out candles is

no longer a prayer to Artemis.

yet, it still marks a wishful

moment. The bouquet toss

but it still carries a spark of

romantic drama. The hand-

shake might not be about

weapons today, but it's still a

signal of trust and connec-

isn't about survival anymore



that whoever caught it would be the next to marry. While modern weddings are (thankfully) less chaotic, the bouquet toss continues to carry the energy of excitement competition, and romantic superstition

These rituals remind us

that even the most casual

actions are layers of human

history, handed down and

adapted through time. They

are echoes of ancient fears.

hopes, and beliefs, wrapped

up in everyday gestures we

perform without a second

vour birthday candles or

extend your hand in greeting,

remember: you're not just tak-

ing part in a custom, you're

keeping history alive, one ges-

ture at a time.

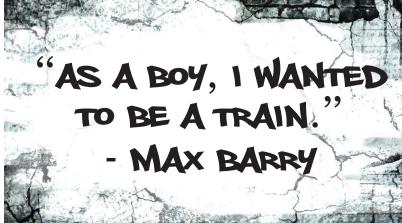
So, next time you blow out

conveying mutual respect.

common form of greeting, especially in the West, the hand shake's meaning has evolved vet again, especially during times of health crisis, such as the COVID-19 pandemic, which forced people to reconsider physical contact altogether. Still, its core idea, of openness and goodwill, persists.

THE WALL





BABY BLUES



By Rick Kirkman & Jerry Scott ZITS









The Handshake: **From Weapon Check** to Welcome

rguably one of the most 🔼 universal social gestures, two people clasp hands as a greeting, farewell, or agreement. But its origins lie in suspicion, not sincerity. The handshake dates back to

ancient times, when strangers would extend their right hand, the hand most people use to wield weapons, to prove they were unarmed. It was a gesture of peace, signaling trust and the absence of hostility. In some cultures, the shaking motion was meant to dislodge any hidden daggers or blades.

As societies evolved, so did the handshake. The Romans added their own variation: clasping forearms rather than palms, further ensuring no weapons were concealed in sleeves. Eventually, the handshake took on more symbolic roles, sealing agreements, confirming contracts, or simply

Today while it remains a