the ROI, the Cost: Benefit. It all

comes down to how you define

that) that he would like that. And

time, he kept looking over my

shoulder towards the door, as if

asked the nurse about this later as

I was leaving and she said that he

had a son who was in another part

of the country but couldn't come

waiting for someone to come. 1

But throughout the whole

so, I did. He smiled.

राष्ट्रदुत

#LINGO

The New 'MumboJumbo'

Here is a guide to the youth on the WhatsApp Labyrinth, General Terms and Phrases!



dren say something crypto, pause before explained mumbo jumbo. By the way, this phrase was also 'mumbo jumbo' to our parents. Here is a guide to the youth on the WhatsApp Labyrinth, General Terms and

- IYKYK: 'If You Know, You Know.' Used to indicate insider knowledge or a shared experience.
- **FOMO:** 'Fear Of Missing
- GOAT: 'Greatest Of All
- **BOP:** A great song. • **Bet:** A term used to show

awkward.

- Cringe: Describes something embarrassing or
- Fire: Describes something amazing or excellent.
- Flex: To show off or brag. • Glow up: A positive phys cal or mental transforma-
- Lit: Something that is
- exciting or amazing.
- No cap: 'No lie,' or used to emphasize that something



- Period/Periodt: Used to emphasize a statement. Rizz: Charm or ability to
- Slay: To do something exceptionally well, often in reference to style or
- **Sus:** Short for 'suspicious Vibing: Feeling a good connection or mood.

appearance

- W/L: 'Win/Loss.' Simp: Someone who does too much for someone they
- **Drip:** Stylish clothing or accessories.
- Cheugy: An outdated or uncool trend. Fam: Short for family, used

to refer to close friends.



Abbreviations and Acronyms

- IMO/IMHO: 'In My QOTD: 'Quote Of The Opinion/ In My Humble Opinion. IRL: 'In Real Life
- JK: 'Just Kidding. BAE: 'Before Anvone
- SSDD: 'Same Different Day, • WYWH: 'Wish You Were
- TNTL: 'Trying Not To
- **G2G**: 'Got to Go. • YNK: 'You Never Know.'
- SMH: 'Shaking My Head.' TMI: 'Too Much Information. • ICYMI: 'In Case You
- Missed It. • **POV:** 'Point of View.'
- ROFL: 'Rolling On The Floor Laughing. **TBH:** 'To Be Honest.' TBT: 'Throwback
- Thursday **TIL:** 'Today I Learned.' Read.
- TL;DR: 'Too Long; Didn't TTYL: 'Talk To You Later.' TY: 'Thank You.
- YW: 'You're Welcome.' FR: 'For Real.' NGL: 'Not Gonna Lie.' KMS: 'Kill Myself.'
- KYS: 'Kill Yourself. • Krunk: Extremely intoxi-
- **OP:** Overpowered.

The Amish Way

As they grow from infancy to childhood and youth, through maturity to old age, they know that others will look out for them, and they in turn look out for others. They are a part of a single organism, a single entity, the family, which gives them their identity, safety, and purpose. Each child is raised by the whole clan. Parents don't live in anxiety about their children and children don't feel neglected and abandoned, left to their own devices, or to devices they own. What a curse we have made of technology! This is another world from the cold, steel and glass apartment buildings full of people who don't even greet each other in the lift because they have no idea who the other person is. And they don't care.



maturity to old age, they know that others will look out for them,

Naturalist and Wildlife

ascinating to see that the big change in family income over the last 200 years wasn't the shift from male breadwinners to dualincome or female breadwinners. It was

the dramatic decline of the 'clan-based' economic unit, such as family farms or family-owned stores." The quote above from Twitter is interesting (to put it politely) because it glaringly shows how a change in values has changed societal demographics so signifi-

cantly, and perhaps even permanently. When you move from a clan-based economic unit to a nuclear family and now to the single individual living on their own, it indicates a fundamental change in our value system, from the clan being responsible for the individual to the alienation of the individual from the collective. We have several nice names for this, since we have several nice names for every negative thing in modern society from the mildest to the most horrific. To use one, we call it 'individualism,' or freedom of the individual to live as they want without reference to anyone else. We conveniently ignore the fact that except for the person who chooses to live completely off-grid alone, unknown, uncelebrated and to die alone unmourned there is no such thing as living without reference to others. Except in exceptional cases, even the one who decides to live totally off-grid, is likely to have some family mem-

ber or friend, worrying about him. Whether we like it or not, we are herd animals and are responsible for the herd and the herd is responsible for us. This means that we have some duties of behaving in ways that don't hurt others and take care of other members of the collective who need it. Our desire to be independent doesn't absolve us of this responsibility or free us from the burden of the duties that entails. We benefit from society, and we are duty bound to return that

favour. All individualism is constructive only within the boundary of benefit to the collective from which every individual has benefited before they discovered that they were individuals and decided that they didn't need anyone else in their lives The problem is that this mind-

set, I don't need anyone else, though it is false and unreal, produces an attitude of not caring for others. It deletes compassion and kindness from our lexicon and makes helping others a crime. That is how in the 70s in many European countries including the UK, farmers were paid not to grow crops and to leave their fields fallow year after year so that the price of grain was not destabilized because of over production. That went on for over three decades. That means that the wealthy who have the money to buy grain at high prices can make money playing the commodity market while those who need the grain for food, because they are starving, are left

Joint families and familyowned businesses are what keep society together and are sources of mutual care and concern. Likewise, family farms. There are a few around here, most prominently of the Amish people. If you visit one of them, they are open to visitors, or shop at their farm

need anyone else in their lives.

see and feel the difference. My

wife and I visited one in

Pennsylvania. They had a model

house in which we were told about

the Amish way of life and shown

around what we were told was a

typical Amish home. It is not in

the scope of this article for me to

talk about that but suffice to say

that the word that came to mind

was simplicity. Simplicity is possi-

ble. It is possible to live simply and

gadget free, healthy and happy

even today in America. And of

course, anywhere else in the

world. After the house tour, we

were free to wander around the

farm and eventually to go to the

farm store to see, sample and buy

fresh non-pasteurized milk, free-

range (no need to say that because there are no other kind) eggs, honey, cheese, butter, corn on the cob, fresh farm made ice cream (good enough to die for), and souvenirs. The farmhouse was across the street, without electricity or running water. But a very cleverly designed self-propelled ceiling fan. Once again, an example of how inventive and creative people can get if you take Amazon out of their lives. Convenience is truly not a worthwhile life goal. The price it extracts in loss of human enterprise, problem solving, the

ability to concentrate, focus atten-

think, wonder, imagine is far too

high for the ease of clicking a link

to get what you need. Only some-

one who worked to make some-

thing useful knows the joy of

using it, improving it and eventu-

ally handing it over to others.

Buying the latest gadget doesn't

skirts and full-sleeved shirts with

scarf covered heads bustled in and

out of the farmhouse and other

buildings, cheerfully completing

different tasks. Men, young and

older, in black waistcoats and

straw hats went about their busi-

ness with cattle and in the sur-

rounding farmland. Walking

behind plough horses, driving

buggies or working in the carpen-

with his Border Collie herding

sheep. Or rather, the dog was herd-

ing the sheep while the shepherd

commanded it in magical lan-

guage that only the two under-

stood. Truly it is magic in motion

to see shepherds working with

their dogs. I can watch that all day.

Children were in the poultry

enclosures, cleaning, feeding

watering, and some playing with

the chickens, some Muscovy and

Khaki Campbell ducks, geese, and

turkevs who seemed to be friends.

more than just poultry. These

enclosures were large yards,

try, dairy, stables, and barns There was a shepherd in a far field

Women in long ankle length

even come close

▲ Il individualism is constructive only within the boundary of benefit

A to the collective from which every individual has benefited before

they discovered that they were individuals and decided that they didn't

stores and look around, you can tion for a long time, and simply

fenced off to keep out foxes with a mixture of poultry and living harmoniously together. There were nesting houses to which the hens repaired when they felt the need to pay for their keep. The ducks simply did the deed on the edge of their large pond and little boys went around a few times a day with baskets and collected the eggs. Turkevs were too busy, looking either busy or just vacant while the Gobbler regularly gobbled to pretend to be in charge The real Ruler of the Roost was the massive Asil Game rooster whose deafening crow at dawn

announced to all concerned that

the new day had begun. His blood

red comb was his crown, his mag-

nificent flowing tail, his train, his

wickedly hooked beak and razor

sharp spurs demanded and

Notwithstanding his self-impor-

tant gobbling, the Gobbler knew

very well who the Ruler was and

kept well clear of him. The poul-

try enclosure was big enough for

both. The farm bordered on a lake

swans, with the Cob alert for any

threats to his brood, mainly from

Red-tailed hawks while the Pen

swan shepherded her little clutch

of newly hatched signets into

patches of grass which promised

the best feed. A scene of tranquil

peace that left me wishing I lived

watching this beautiful scene, I

noticed a young man, about 6

years old, with his own little busi-

ness between the store and an

adjacent barn. He was selling

horseshoes. He had a little stand

which was a beautifully made

As I stood outside the store

obedience.

#FAMILY FARMS

stool, also clearly handmade with out a single nail in it, held together by very clever joints and wooden pegs. I walked up to him and asked, "How much for a horseshoe Sir?" He replied, "Three dollars, Mister." I asked him, "Do you have one which is not painted?" "Yes,

Sir. Give me a minute." He sprang up and sprinted on bare feet (that is when I noticed that almost all the children were barefooted) for the farmhouse And back, he came a few seconds later with a horseshoe that had come off the horse not too long ago. Very satisfactorily, it came

in an elderly care facility or hosnstitutions and structures were created to compensate for familial responsibilities, enter social security, old age care facilities, day care

with a bit of earth on it. I paid him pice are not the inmates' children. and he said, "Thank you very We forget that societal needs are I noticed then that there was

centers, hospices and so on. All functions which the family was

supposed to and did provide until a generation ago.

another young man, this one not more than perhaps four, standing by looking on. I asked the Horseshoe Business Owner, "Who is that?" "My partner," he replied "Is he your brother." "Yes. When I need to go somewhere, he takes care of our business." I stood there thinking that in a society which inspired the book, 'Anxious Generation' by Jonathan Haidt, and the Netflix film, 'Social Dilemma,' a time where terms like 'helicopter parenting' were invented to describe the paranoid on which I could see a family of behaviour of parents, it is possible to live close to the earth, free from imaginary anxieties, eat chemicalfree clean food, and raise children who understand responsibility caring, compassion, kindness and respect. Those who learn business at age 4 and 5 by doing it and not at age 20 by taking out loans to pay through their noses to be taught about doing business by profes sors who never did any business in their lives themselves. No wonder that they are shocked when they get out of Business School Most cop out and settle to stand in the grub line with CV in hand,

wooden mini wagon, filled with his ware, silver painted horse-As they grow from infancy to shoes. He sat on a three-legged childhood and youth, through

begging for employment. Forget

and they in turn look out for othprogress and what you are willing to pay to get it. About a year ers. They are a part of a single ago, I sat by the bed of an old organism, a single entity, the family, which gives them their identi-Muslim man in the last hours of ty, safety, and purpose. Each child his life in the local Hospice, at is raised by the whole clan. 11:00 PM in winter. It was freez Parents don't live in anxiety about ing cold outside with the temper their children and children don't ature plummeting to 20 degrees feel neglected and abandoned, left below zero on the Celsius scale. to their own devices, or to devices The ground was covered in over a they own. What a curse we have foot of snow and where it had made of technology! This is anothbeen flattened by cars, it had er world from the cold, steel and frozen into black ice. Lethal for glass apartment buildings full of walkers and the ideal setup for people who don't even greet each hip fractures and worse. The man other in the lift because they have was sedated but could still recogno idea who the other person is. nize faces. I spoke to him and asked if he would like me to And they don't care. This is in short, the triumph of recite some Qur'an. He indicated with his eyes and a very slight nod of his head (he could only do

the individual ego over social responsibility. Freedom at the expense of mutual care and concern. Institutions and structures were created to compensate for familial responsibilities, enter social security, old age care facilities, day care centers, hospices and so on. All functions which the family was supposed to and did provide until a generation ago. The problem is that these institutions can take care of only one aspect of the problem, the economic angle. A social security cheque can't talk to the recipient or hold their hand. The caregivers

not only economic. People need

other people because they have

emotional, intellectual, and spiri-

tual needs that can't be satisfied by

machines and technology. I have

seen enough old parents look up

with hungry expectation every

time the hospice or elderly facility

door opens, to know that having

the money to live comfortably is

not the only need and may not

even be the most important one. I

say that after seeing elderly grand-

parents caring for infant and tod-

dler grandchildren in joint fami-

lies, who feel needed, loved and

appreciated, which someone in an

because he was in a high-flying job there and couldn't take the time off. What is the value of a job where you can't come to be with your father when he is dying? Do we even pause to think of what we are giving up for the things we consider essential to our lifestyle? That is the real cost. Not the dollar value. We must realize that the truly valuable things in our life are priceless. You can't buy them, no matter how much money you have. That is why we must treasure them and jealously protect them and not sell them for some shiny trinket, because once lost. they can never be regained. I left the hospice past midnight. The next morning, I got a call from the hospice to say that he had passed. alone. The son came on the weekend for the funeral. I led that

we want to give it that chance.



#THE MAID

The Maid Who Witnessed the Secrets of Hitler



Elizabeth Kahlhammer thought she was taking a job as a maid, but she was stepping into the heart of one of history's darkest regimes.

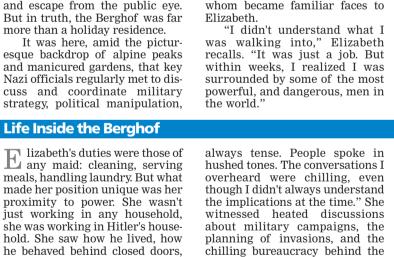
Kahlhammer was just nineteen, she responded to a job advertisement seeking domestic help. It seemed like a routine opportunity, wartime Austria was difficult, and work was scarce. But what she didn't know then was that the job would place her in the very heart of Nazi power, behind the walls of Adolf Hitler's mountain retreat, the Berghof. Now, over 80 years later, Elizabeth has

finally broken her silence about what she saw and heard during her time inside one of the most secretive and sinister headquarters of the Third Reich. Her account, revealed in recent interviews and an upcoming memoir, is shaking historians and readers alike, offering a rare, first-hand glimpse into the private world of Nazi leadership

The Hidden Headquarters

ocated in the Bavarian Alps near Berchtesgaden, the Berghof was officially described as Hitler's 'vacation home.' a place where the Führer could rest and escape from the public eve. But in truth, the Berghof was far more than a holiday residence. It was here, amid the picturesque backdrop of alpine peaks and manicured gardens, that key Nazi officials regularly met to discuss and coordinate military

We must talk about these things. I am not under any illusion that we can turn the clock back much as some of us may wish. But we need to talk about what can be done to slow down the race towards total breakdown of family and society. It is almost over here in the West. But in India and Africa, there is still a chance. If



and some of the most horrifying

policies of the regime. Guests

included Heinrich Himmler,

Hermann Göring, Joseph

Goebbels, and Eva Braun, all of

Hitler and Eva.

Life Inside the Berghof lizabeth's duties were those of

and how the Nazi elite operated when they believed no one was "Hitler was polite to the staff," she says, "but the atmosphere was

Decades of Silence

or decades. Elizabeth told no one. After the war, like many others who had come too close to the Nazi regime, she feared judgment, retribution, and the trauma of reopening old wounds. She built a quiet life far from the shadow of Berghof, carrving the weight of memory alone. "I was afraid," she admits. "Afraid of what people would

chilling bureaucracy behind the Final Solution. Most terrifying of all was the normalcy of it all. decisions of mass murder discussed over tea or an evening walk in the gardens.

think. Afraid that no one would believe me. And afraid of what I had been part of, even unwillingly." It was only in her late 90s. prompted by historians and a growing sense that the world needed to know the truth, that Elizabeth decided to come forward. Her testimony has now been compiled into a memoir set

for publication later this year.

T istorians are calling Elizabeth's $oldsymbol{\Pi}$ story one of the most important evewitness accounts in recent memory. While many high-ranking Nazi officials left documents and records, very few personal staff members, especially those in close proximity to Hitler, survived or

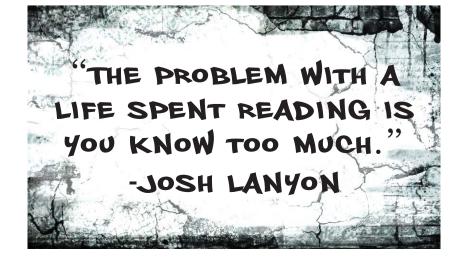
Dr. Claudia Meinhardt, a historian specializing in Nazi Germany, says, "Elizabeth's recollections help humanize a place we've only ever understood through official records and propaganda. They offer chilling insight into how normalized evil can become behind closed doors.

The Importance of Memory

s the number of living witness A es to World War II dwindles stories like Elizabeth's become more vital than ever. They serve as reminders of how easily power can be abused, and how history often happens quietly, in rooms that appear serene, staffed by people who never chose to be part of it. Elizabeth Kahlhammer's voice silenced for so long, now serves not iust as a witness to history, but as a warning. Her story is not one of complicity, but of proximity, and the burden of memory that comes with being in the wrong place at the most dangerous time. "I didn't choose to be there," she says. "But now I choose to tell what I saw. The world needs to remember."

By Jerry Scott & Jim Borgman

THE WALL



BABY BLUES



SHE'S SMART, SHE'S PRETTY.



By Rick Kirkman & Jerry Scott



ZITS





