ARBIT it happens here...

#TRENDS & GADGETS

Tips & Tricks

Getting used to Apple iPad can take some time, but these tips and tricks make it easier than ever.



or many, the size ditional Perhaps, what makes the iPad so

and ease of the iPad make it a tralaptop replacement.

interesting is that it offers the benefits of a laptop in a tablet form factor. If you are new to the iPad, there are a lot of clever little features to elevate your experience to a whole new level

Use Quick Notes on the iPad

S tarting with iPadOS 15, Apple added a feature called Quick Notes to the iPad. With this feature, you can quickly jot down a note any where, at any time. It can be activated by swiping in from the bottom right corner of the iPad with the Apple Pencil. This creates a floating window that can be moved around the screen.

To enable Quick Notes on the iPad, here's what you need to do!

- Open Settings and tap on General in the panel on the left
- Now, locate Gestures amongst the options available on the right
- Next, look for the Left Corner Swipe or Right

Drag and drop files ${\displaystyle M}$ oving photos from the Photos app to another one is easy. All you need to do is simply press and hold a photo and it will start follow-

ing your finger • Just pen the Photos app. • In grid view, press and hold your finger down on a photo, until the quick action menu appears, and then move your finger

Make Widgets stack

O ne of the new features of iPadOS is to make a smart widget stack. A smart *stack* is essentially a collection of widgets, on top of one another. To create a smart widget stack, here's what you need to do.

- Long press your Home Screen and tap the plus (+)icon that appears in the top left. • Select Smart Stack from
- the widget options in the

Corner Swipe options. Tap on both option and the next screen, and choose **Quick** Note

Run two apps or more at the same time with Split screen and Slide Over.

The iPad has slowly gotten improved multitasking features. The latest to join is Slide Over and Slide Out, the newest multitasking features Slide Over essentially lets you view two apps on the screen, with one app in a narrow pane floating on top of the other. While using an app, slide your finger from the bottom up to reveal the dock. Meanwhile, *Split View* allows you to display two apps on the screen in their own resizable panels.

around so that it floats under your finger. Use your other finger to

- leave the app and navigate to where you want to drop the photo. You will notice a green
- plus sign on the corner of the photo or video, if you can drop it off there. • Lift your finger to drop the
- photo.

left-hand menu and choose the type and size of Smart Stack you want. Now, your iPad will automatically create a Smart Stack. Once the Smart

- Stack is on your Home Screen, press and hold it to make changes. Scroll through the apps in vour stack and remove
- any that you don't want by selecting the relevant minus (-) icon.



Buddhism in PART: **Mongol Empire**

Kublai Khan explained his religious policy to Marco Polo as, "There are four Gods that are worshipped by everybody. Jesus Christ of the Christians, Muhammed of the Iranians, Moses of the Jews, and Buddha Chandamani. As regards to myself, I respect all of those four religions, but whosoever is the greatest and most honest in heaven, I wish to bless me."



Chagatai Khan.



e know little about what the mongols were, although the Mughal rulers of India came from there. They were very different from

the Mughals we know, and it is a reason enough to know them in their own environment Nyamdavaa has researched and written a detailed piece on the

aspect of their association with During their rule over half the world, the Mongol Khans displayed a high level of tolerance towards most of the religions. They even allowed conversions from Buddhism to Christianity and Islam.

Under the leadership of Great Chinggis Khan, an institution was established to ensure complete religious freedom, despite the fact that he himself was the TEN-GERIST. Throughout his reign, about half of the world religious leaders of all religions were exempted from taxation in the





Changez Khan.

Mongol Empire, as documented by Weatherford (2004, page 69). When Chinggis Khan's sons and grandsons assumed power over the Golden Horde. Chagatai Ulus, Il-Khanid dynasty, and Yuan

dynasty, they brought along Mongol Aimaks (such as the Barlas, Naiman, Jalair, Nukus, Arluad, Khongirade) and their belongings, including animal husbandry, ger (yurta) and other properties. This was done to establish Mongol communities in the countries where they ruled. Local taxes were used for their palaces and buildings, bridges in own ruling countries.

The ruling elite court, Khan Khatan and their relatives, accompanied by Mongol Aimaks and serving military people, carried their own religion, nomadic way of life, military discipline, hunt-

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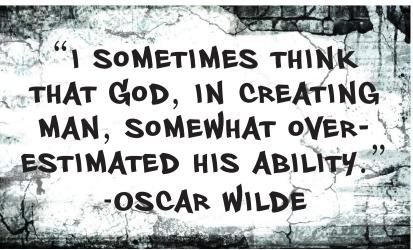
cording to Dr. Sh Bira, general Mongol feelings on Tengrism was A elaborated on the basis of the worship of TENGERI, which is fundamental concept of Shamanism, the old folk religion of the Mongolian nomadic peoples. Tengeri is something like God, representing the supreme masculine power in the universe.

ing system and nomadic food, culture, as well as other traditions. Over the time, a new mixed culture and tradition, as well as art, architecture, astronomy, the



The broken deity, Tara, was unearthed during the second round of excavation.

THE WALL



BABY BLUES



77

his policy of Tengrism.

Gazar (Mother Earth).

Tengeri (Father Tengeri) and *Ekhe*

travellers observed that the

Mongols believed in one God

Tengeri, who is considered to be

the creator of all visible and invis

ible beings. And he is also consid-

ered to be the creator of happiness

and sufferings in the world.

Tengrism developed several ele

mentary concepts, such as those of

the divine origin of Khanship,

dualistic nature of Khan's power,

his charisma and other related

points. While the theory of divine

origin of Khanship was well-

known among nomadic people, it

was the Mongols who not only

kept the oldest version without

interruption, but beyond more

Munkh Khan said, "We

Mongols believe there is one God,

Tengeri, through whom we have

life and through whom we die and

towards whom we direct our

hearts." From historical sources

it is clear that Chinggis Khan

advanced civilization.

Most contemporary foreign



introduction of paper money, monetary system emerged among the members of the Mongol Empire. This had given a new opportunity to bring people closer o understanding each other and live friendly

Additionally, the World postal system and 'Gerege' (Paiza) were created by the Mongol Empires. They also established Mongolian peace, known as 'Pax Mongolica,' and also introduced the Yasa. Chinggis Khan's Constitution which were spread and welcomed in their ruled countries.

The Mongol Khans also successfully implemented a firm and powerful security system to protect caravan traders on the Silk Road, the Tea Road and steppe Road, for promotion of trade relations between Asia and Europe.

These aforementioned facts were approved by remaining monuments, traveller's accounts, manuscripts, and archaeological findngs. For instance, notable places and cities still exist. These are, Chagatai darvaza (Tashkent),



Khan and his successors to the world. It is available in Mongolian, Russian, and English languages (Cultural heritage of Chagatai Khan in the Central

Asia, 2022, Ulaanbaatar). Let us go to the religion, Tengrism and Shamanism. According to Dr. Sh Bira, general Mongol feelings on Tengrism was elaborated on the basis of the worship of TENGERI, which is fundamental concept of Shamanism the old folk religion of the Mongolian nomadic peoples

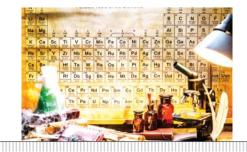
Tengeri is something like God, representing the supreme masculine power in the universe, ruling all natural and social phenomena on earth. And in relation to Tengeri, the Earth represents a subordinate feminine force. Hence, the expression, *Etsege*

Chagatai district (Afghanistan). city Nukus, capital of Republic of Khongireid town (Uzbekistan), Jalair (Khojente, Tajikstan), Qarsh (Uzbekstan), Buyan Kuli Mausoleum (Bukhar,

Tenari.



Periodic Table Dav



eriodic Table Day is a lively celebration dedicated to one of the chemistry's most important tools. This day shines a spotlight on he periodic table, a crucial chart that organizes all known elements in a way that helps scientists predict their behaviours. It's a day to recognize the brilliance behind this essential tool and its role in making complex scientific concepts more accessible and understandable. This tool has paved the way for numerous scientific breakthroughs, including the discovery of new elements and the development of innovative technologies. For students and educators, it's an indispensable learning aid.









firmly believed in Shamanism and exploited, better than anyone else in his time, the Tengeri worship of the Mongols in the interest of his political ambitious and great leeds. In this respect, he could be considered to have been a real founder of *Mongolian Tengrism* as the official political ideology of the Great Mongolian State.

In this connection, I quote Dr. Teresa Fitzherbert, "For Mongols, birds of prev represented the link with the all-powerfull sky god *Tengri*, and their ability to soar to the heavens. They also represented the flight of the spirit at the noment of death. Power of flight, ttributed to the Mongol Shaman, was often signified by feathers attached to their shoulders. Chinggis Khan claimed descent rom Tengri.'

Juwan quotes the Shaman,

Teb-Tengri, as pronouncing that

God has spoken with me and has

said. "I have given all the face of

earth to Temuiin and his children.

ublai Khan knew well his own nomadic civilization, as well as all

exploit their achievements successfully and selectively in conformity with

N other civilizations, including the Confucianism, Buddhism, Arab-

Islamic and European, Christian civilization, and he did his best to

Grigor of Akancs, records a tradition that the Chinggisid law code, the Yasa, was delivered by an eagle with power of speech and golden feathers. Budge notes that the Ilkhan Geikhatu (1291-1295) conferred a golden *payza* (Gerege) of *sungur* (gyrfalcon) class on the Nestorian Patriarch Mar Yahbh. when he visited him at Magaha. This may give additional explanation on Tengrism of Mongolian concept Kublai Khan knew well his

and named him Chinggis Khan.

The Armenian monk, chronicler

own nomadic civilization, as well as all other civilizations, including the Confucianism, Buddhism, Arab-Islamic and European. Christian civilization, and he did his best to exploit their achievenents successfully and selectively in conformity with his policy of Fengrism

Kublai Khan explained his religious policy to Marco Polo as, 'There are four Gods that are worshipped by everybody. Jesus Christ of the Christians. Muhammed of the Iranians, Moses of the Jews, and Buddha Chandamani. As regards to myself, I respect all of those four religions, but whosoever is the greatest and most honest in heaven, I wish to bless me."

To be continued.. rajeshsharma1049@gmail.com



Paharpur Somapura Mahavihara.

#THEATER A GRIEF LAID BARE

A recent solo performance of Traasadi by Manav Kaul at the Rajasthan International Center left the audience in tears. The play, which translates to 'tragedy' in Hindi, delves into the profound emotional landscape following a mother's death, resonating deeply with viewers. Kaul's powerful storytelling and raw vulnerability led the audience to confront their own experiences of loss, making it a transformative theatrical experience that lingered long after the final bow.





and City Blogger he word 'trasaadi' in Hindi

Tusharika

Singh

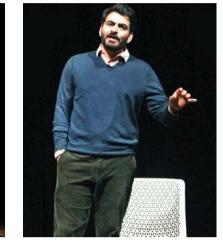
translates to tragedy or disaster. But what is the real tragedy? The loss of a mother? Or the silent burdens of regret, the things

that cannot be undone? In his onehour, 45-minute solo performance. Trasaadi, Manav Kaul turns these questions into an aching meditation on memory, grief, and unresolved wounds between a mother and son. Recently performed at the Raiasthan International Centre in Jaipur on February 4, his mother's birthday, Kaul's adaptation of his short story Maa (from his book *'Theek Tumhare Peeche')* is an immersive, intimate exploration of guilt, resentment, and the pain of realization that often comes too late. It is the kind of play that does not merely unfold on stage, it unfolds

inside vou.

There is no grand opening. No intro-

ductory announcement. No dramatc lights. Instead, Kaul walks onto the stage, pours himself a cup of coffee, and sits in quiet contemplation. The set is stark, a chair, a bench, a desk with a lamp, a water bottle, and a coffee mug. The performance begins only after he gently requests the audience to put away their phones. You will feel it more deeply



inside his world. At its core, dom herself. "Kalpana hi sach hai Trasaadi is a story about a man confronting the ghosts of his past. When the play opens, two years have passed since Kopal, the protagonist, last saw his mother. News arrives, that shatters him, pulling him away from his life in Bombay back to a me that is no longer home. His village has changed. Childhood friends are now strangers. And his mother? She is no longer there to welcome him. What remains is emptiness. fragments of a life left behind, and an unshakable sense of repentance.

Kaul's performance is hypnotic, almost unbearably intimate. He does not simply perform, he inhabits Kopal so fully that the lines between actor and character, fiction and reality, blur. The play brims with raw, complex emotions, its power heightened by Kaul's uncanny ability to make you feel every ounce of his character's turmoil. His voice shifts between nostalgia and rage, his silences as weighted as his words.

One of the most searing lines of erasure, questioning his mother's the play is deceptively simple, "Maa jitna thakti, main utna gehra sota." (The more exhausted my mother became, the more deeply I slept.) It lands like a gut punch, encapsulating the quiet, everyday cruelty of neglect, the kind that only reveals itself in hindsight.

A Feminist Lament

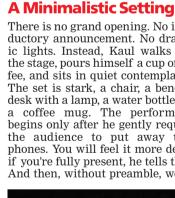
Over the course of the performance. Kaul weaves together a series of vignettes and memories, his moth er's quiet rebellion, the suffocating weight of patriarchal expectations. the way grief sharpens or distorts our understanding of the past. He recalls how his mother always encouraged his writing, despite

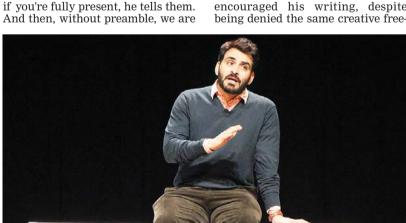


By Rick Kirkman & Jerry Scott









left unsaid, the choices



DOWE HAVE ANY

MORE DORITOS?





vatharth ihooth hai" (Imagination is the truth, reality is a lie), she once told him, a sentiment that now, in his retelling, feels like both an offering and a wound.

In another moment, Kopal remembers his younger self confronting his mother, "Konsi maa naastik hoti hai?" (How can a mother be an atheist?) The audience laughs at first, but the humour dissipates as she answers. "Everyone is an atheist, including you. India has ten major religions, and if you believe in only one, you're an atheist to the others." The line lingers long after the laughter fades. Through these recollections

Trasaadi slowly reveals itself to be more than a son's lament. It is, in its own way, a feminist reckoning. The play exposes the ways in which women's identities, especially moth ers', are often erased, reduced to their roles as caretakers, wives, and daughters-in-law. Kopal, as a child, unknow ingly becomes a participant in this choices, imposing expectations on her. Years later, he recalls her quiet resistance, "In every religion, men play the main roles. I don't want to be in a supporting role anymore.'

A Lingering Silence The final moments of Trasaadi are haunting. At his mother's pyre,

Kopal recites a poem, curling into himself as the lights dim धूप, चेहरा जला रही है

परछाई, जूता खा रही है शरीर, पानी फेंक रहा है

एक दरखुत, पास आ रहा है उसके आँचल में मैं पला हूँ उसकी वात्सल्य की साँस पीकर आज मैं भी हरा हँ आप विश्वास नहीं करेंगे

इस जंगल में एक पेड ने मझे सींचा है में उस पेड कोष्टमाँ कहता है।

As the last line fades, silence envelops the hall. Not the kind that feels empty, but the kind that feels unbearably full. And then, Kaul folds his hands in gratitude. The applause comes, but only after the audience has allowed themselves a moment to breathe again. Is Trasaadi about the loss of a

mother? Or is it about the quiet tragedies of everyday life. the regrets that cannot be undone, the failures of understanding that only become clear when it is too late? The play offers no easy answers. Instead, it leaves you with the echoes of its poetry, the weight of its silences, and the certainty that, long after you leave the theater, it will still be with you.

By Jerry Scott & Jim Borgman