

A Healthier Garden

Banana peels are rich in potassium, phosphorus, and calcium, essential nutrients that promote strong plant growth and healthy root development



Many kitchen scraps and common household items can be repurposed to enhance your garden. Ingredients like banana peels, orange peels, beer, and ginger offer natural, eco-friendly solutions for fertilizing, pest control, rootling, and improving soil health. Here's how these everyday items can benefit your garden.

1. Banana Peels Soaked in Water as Fertilizer

Banana peels are rich in potassium, phosphorus, and calcium, essential nutrients that promote strong plant growth and healthy root development. When soaked in water, these nutrients are released, creating a natural fertilizer.

How to Use

Cut banana peels and soak them in water for 48 hours. Use the resulting liquid to water your plants, especially those that need a potassium boost, such as tomatoes, peppers, and roses.

Benefits

- Boosts flower and fruit production.
- Promotes strong root growth.
- Enhances disease resistance.

2. Orange Peels Soaked in Water as Pesticides

Orange peels contain limonene, a compound with insect-repelling properties. When soaked in water, these compounds create a natural pesticide that helps keep pests like aphids, ants, and mosquitoes away from your plants.

How to Use

Soak orange peels in water for 48 hours, strain, and pour the liquid into a spray bottle. Use it to spray around plants or directly onto leaves to deter root rot.

Benefits

- Repels pests like aphids and ants.
- Safe for beneficial insects when used properly.
- Eco-friendly alternative to chemical pesticides.

3. Apple Peels Soaked in Water as a Nutrient Solution

Apple peels are a good source of vitamins, minerals, and antioxidants. Soaking them in water releases these nutrients, creating a gentle nutrient solution that nourishes your plants.

How to Use

Soak apple peels in water for 24-48 hours, strain the liquid,



Choosing a Name for the Dynasty

On November fourth, the Soviets had called Reza Khan to officially congratulate his ascension to the throne. During the conversation, the Soviets had suggested the possibility of establishing an embassy in Iran and Reza Khan had agreed to the request. What Reza Khan wasn't aware of was that until then, the only country with an ambassadorial level had been Turkey. Now, the Soviets would be the second country with that level of diplomatic relations with Iran. On December 27th, Konstantin Yurenev was promoted to the rank of Ambassador. This meant that now, the Soviets had a higher diplomatic relationship with Iran than the British. Percy Lorraine was only a senior foreign diplomat and now had to walk behind the Soviet Ambassador in all political gatherings, speak after the Soviets and was outranked by Yurenev.

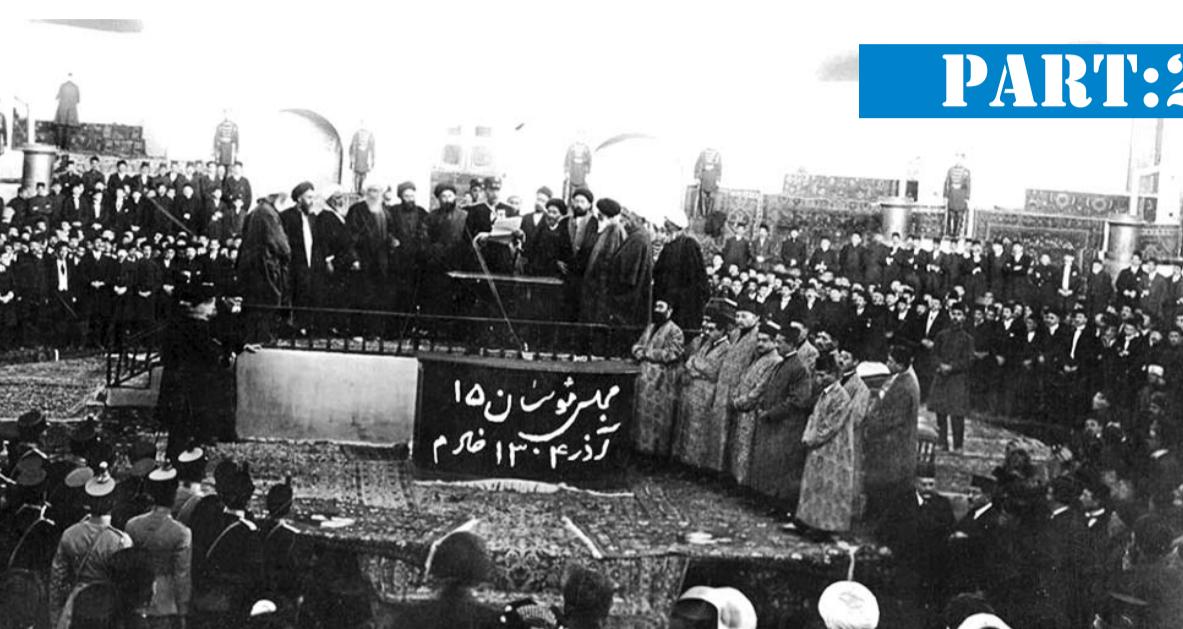


Celebrating Earth's Rotation Day

Earth's Rotation Day, observed on January 8, celebrates the planet's daily spin on its axis, a motion that profoundly shapes life on Earth. Completing a rotation in roughly 24 hours, it gives us day and night, drives weather patterns, and regulates the natural rhythms of ecosystems. The day also underscores the importance of scientific understanding, from time zones to changes in Earth's rotational speed. Earth's Rotation Day reminds us to appreciate the dynamic planet we inhabit, encouraging awareness of its natural cycles and the forces that sustain life for generations to come.



PART:2



Reza Khan gets sworn in as the New King in the Constituent Assembly – Dec 1925.

● Bulbul Joshi

few months before on May 5th, 1925, the parliament had approved a broad and important piece of legislation. Through this law, all titles, civilian, traditional, religious and pseudo-military were revoked. All Iranians, old and young were required to select a family name. Reza Khan himself had decided to give up on the 'Sardar Sepah' title to set an example and settle on a family name.

Diplomatic Tensions with the British and the Russians

The issue got more complicated after an incident with the Soviet minister. On November fourth, the Soviets had called Reza Khan to officially congratulate his ascension to the throne. During the conversation, the Soviets had suggested the possibility of establishing an embassy in Iran and Reza Khan had agreed to the request. What Reza Khan was unaware of was that until then, the only country with an ambassadorial level had been Turkey. Now, the Soviets would be the second country with that level of diplomatic relations with Iran.

How to Use

Pour flat beer directly onto compacted soil or use it in your compost to speed up decomposition and improve soil structure.

Foreign Reactions to Iran's New Monarchy: Recognition and Diplomacy

The British, the Soviets, Turkey and all other foreign legations in Tehran were quick to recognize Reza's new title. They didn't even wait for the constituent assembly to express their congratulations to the new king.

Benefits

- Loosens compacted soil, improving root growth.
- Enhances soil structure and makes it more breathable.
- Stimulates beneficial microbial activity.

5. Ginger in Water to Remove Yellow Liquid and Rotten Roots

Ginger has natural antifungal properties, making it effective in treating root rot and preventing fungal infections. When soaked in water, ginger helps clear up yellow liquid around the roots and promotes healthier root growth.

How to Use

Soak fresh ginger slices in water for 24-48 hours, strain the mixture, and use it to water plants suffering from root rot.

Benefits

- Treats and prevents root rot.
- Promotes healthier root growth.
- Reduces yellowing and deterioration of roots.

Conclusion

Using kitchen scraps like banana peels, orange peels, and apple peels, along with beer and ginger, provides natural, affordable solutions for common gardening problems.

These gardening items offer a sustainable, eco-friendly way to fertilize, control pests, support root health, and improve soil structure. By harnessing the power of these ingredients, you can create a healthier garden while reducing waste.

the British Empire had already strained over their support of Kha'jal. Lorraine worried that any delay in their recognition could further tarnish the goodwill between the empire and the soon-to-be king. Lorraine had personally called Reza Khan a few days after the dissolution of the Qajar monarchy. But the soon-to-be king was still waiting for an official congratulatory note from the British government.

4. Beer to Loosen Soil and Improve Breathability

Beer is more than just a drink for you; it can also help improve your garden soil. The yeast and sugars in beer help loosen compacted soil, making it more breathable for plant roots and promoting microbial activity.

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How to Use

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and use it to water your plants, especially leafy greens and flowering plants.

Benefits

- Provides essential nutrients like potassium and calcium.
- Improves plant health and resistance to disease.
- A gentle, natural alternative to chemical fertilizers.

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