



International Book Giving Day

Books. They hold infinite power. They can transport us to new worlds, teach us new things, inspire us, make us laugh, cry, and can provide us with essential memories. As a child, some of your fondest memories may have been the stories you read before bed, or the books you read growing up. As adults, maybe you still read or maybe you gave up reading, but you will always have those fond childhood memories of your time inside stories. While many also celebrate Valentine's Day today, consider using this day for the greater good and to spread some cheer through books!

#TRENDS & GADGETS

You Should Use Your iPad as a Second Screen

Take your extra display everywhere you go.



When you get used to multiple monitors it feels impossible to work without them. But these devices are not as portable as your trusty MacBook, so you should probably learn how to use your iPad as a second screen.

Thanks to a feature called Sidecar, iPads can mirror your laptop's screen or act as an extension of it. And even if they're not as big as your desktop monitor, Apple's tablets are a lot easier to pack, so you can seamlessly take your work wherever you go.

How to use an iPad as a second screen for your Mac

The ability to use an iPad as an extra display is built into macOS and iPadOS, and it works completely wirelessly. This means you don't need a cable to connect your devices, though plugging your tablet into a power outlet might be a good idea if you're planning on using it for a long time. First, make sure both devices are signed into the same iCloud account. Then, open the System Settings app on your Mac, which you can find by clicking the Apple logo in the top-left corner of your screen and then clicking the System Settings. On the sidebar on the left, head to Displays, and if your iPad is nearby and turned on, it should show up here automatically. If it doesn't, click the + (plus) button to the right of the display icons.

On the drop-down menu, under Mirror or extend to, choose your iPad's name and then Extended display. This will effectively turn your tablet into an extension of your Mac's screen, meaning you can just drag your windows on your computer over to your iPad. Physically position your iPad where it's most comfortable for you and click the Arrange button in the settings menu to make sure your virtual space reflects the device's physical location in relation to your computer. Drag and drop the icons representing your devices into position if you need to make changes. By default, there will be a bar on the side and at the bottom of your iPad screen. The bar on the left that make it easier to control Mac apps using the touchscreen, while the bar at the bottom is a recreation of the interactive touch bar as seen on the MacBook Pro. If you prefer, you can turn both off by disabling the Show sidebar and Show Touch Bar options. You'll get fewer on-screen functionalities, but gain more workspace, which is what it's all about.

How to use an iPad as a second screen for Windows

Windows can't use your iPad as an extra display out-of-the-box, but there are a few third-party apps you can use as a workaround. Among the free ones, our favorite is Splashtop Wired XDisplay, but as you'd imagine, setting things up is not as simple as on a Mac computer. First, download the app both on your iPad and your Windows device and open them. Continue by plugging your iPad into your computer and on your iPad, tap Trust to tell your tablet it's OK to let Windows access your data. Your iPad will immediately turn into a second display for your PC. If the display looks tiny make sure to use the rotation button, in the bottom-right corner of the screen—it looks like a square with a curved arrow on one of its corners. You can also configure your iPad's screen resolution from Windows' Display settings—you'll find a shortcut in the Splashtop Wired XDisplay app.



Donald Trump signed an executive order a couple of weeks earlier to make U.S.A the crypto capital of the world and a possible strategic bitcoin reserve. 15 states in U.S.A. have tabled Bills in the House of Representatives for the same. Bhutan has pipped India with a holding of bitcoin worth a third of its GDP. EL Salvador has made bitcoin a strategic reserve. These moves have helped the countries attract foreign investments and given a signal of stability to their currencies. India is still exploring the idea of regulating crypto assets and risk the chance of getting left behind with talent migrating to crypto friendly nations.

Don't Underestimate The Bitcoin



Anirudh Rathore

It was around 2017 that I first heard of bitcoin through my cousin brother. He enthusiastically mentioned that it was a cool product and he was planning to mine bitcoin. I didn't know what he was talking about and flippantly dismissed it passing it off as some kind of gambling fad. However, bitcoin still lingered in my mind and it was during the early covid period that block chain technology piqued my interest and as I delved into its features it amazed me, that bitcoin was part of the same technology ecosystem. Now I was all in! As I did some deep sea diving into bitcoin, it literally blew my mind with its scope and potential. In fact, I was awake half the night and kicking myself for ignoring it all this while. There was a lesson in it for me - don't underestimate the power of a new idea.

In the investing world you get it instantly, something clicks or you don't. After a couple of decades of investing I have realized that investors fall into a few categories: the quick adapters (the fat cats), those that over analyze (paralyze) and a third category with innate horse sense.

Bitcoin price has touched Rs 1 crore per coin on 25th January 2025 so it is in the limelight and an writing about it not to give circumsere de consilium (investing advice) but for personal commentary.

In a work of genius Satoshi Nakamoto introduced a peer to peer electronic cash system, an antithesis to the fiat system in 2008. Here it would be fitting to add a saying of Pablo Picasso, 'every act of creation is first an act of destruction.' Keeping his identity secret was a calculated move to escape any institutional backlash which could have nipped bitcoin in the bud. Bitcoin has now metamorphosed into a confluence of technology, economics, politics, culture, finance and assets. To give some context, all currencies in the world have lost 99% of their value in the last hundred years. In a bag of laundry that contains multiple dirty, tattered shirts bitcoin would be the spotless, pristine shirt. I don't want to get into the fungibility,

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portability, store of value, scarcity discussion here. It's available all over the net. Generation Y and Z have adopted bitcoin seamlessly as they have easy access to information and are comfortable with using apps on mobile phones. My generation that is Gen X were the early adopters of the capital markets but have still been slow to embrace crypto assets. The baby boomers have ignored bitcoin and see it as a huge effort to understand it so are happy with the traditional options of investing. Incidentally the baby boomers are the current holders of power in governments and public at large which gives us a clue to the slow pace of acceptance and reforms towards crypto assets.

Interestingly, large chunks of the investing community have reservations towards bitcoin citing the lack of regulation by the government as a deterring factor. There are others that don't invest in bitcoin because they say that they do not understand it properly and it is still a very recent concept compared to gold. Also, some potential investors have this belief that the price of bitcoin is going to zero - a narrative popularized by gold maximalists. The equity maximalists claim that bitcoin does not have a use case or produce anything. Some of the world's greatest investors have even labeled it as an outright pump and dump scheme. There is this extreme left versus the extreme right division among the vanguards of each camp.

My response to all the above is that any innovative, upcoming, destructive, undiscovered and partially regulated idea is more volatile but yet has the potential to provide maximum gain. The moment that it will be recognized as a permanent asset by the governments and public at large most of the gains would have already been discounted and absorbed. Secondly, as an analogy, once the airplanes were invented you don't have to wait for 50 years before the airplanes have been flying to feel safe to take a trip on them. Thirdly, I have been investing in equities for over 15 years and have even written about them yet there is still plenty that I do not know of the capital markets

and still to be discovered. Investing is an ever learning landscape. Also, I would like to add that if usage of a commodity were the defining factor than silver should be priced more than gold as it has more industrial uses. The value and price of any asset has multiple factors and nuances to take into consideration. The human brain is very complicated. We have deep rooted biases embedded in us from a young age. These ideas get locked in there which reflect as pre conceived notions of the world. So even if you are presented with facts and information that are opposite to your notions you may still disregard and disagree with them. For example most people believe that the stock market is very risky but if I give you five facts to prove that they are not

#WEALTH MATTERS



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Most people believe that the stock market is very risky but if I give you five facts to prove that they are not that risky you may still choose to entirely ignore my line of reasoning. We also have a tendency to invest in products that we already know and avoid the unfamiliar ones which is also known as familiarity bias.

investments every year. We also have a budget to table on 19th February. The central government can print money while states cannot. The rupee is losing more than ten percent of its value

every year. As a state we are unable to protect the purchasing power of constituents. A Strategic Bitcoin Reserve Bill in the legislature, can ensure that safety. This will help you to protect the state budget from debasement of the central government. The state will be able to allot funds to schemes without raising taxes. Also, look at the possibility of allotting 4% of revenue receipts every year to a strategic reserve that is majority bitcoin. At current receipts the allocation would be 10000 crores per year. Continue this allocation for 10 years at the minimum. A compounded annual growth rate of 25% at the end of 10 years amounts to over rupees 5 lakh crore. This would wipe out most of state debt by 2035. The states would have the cleanest balance sheet in India. Worldwide people feel like a hamster on a wheel. They work harder and harder and yet have a sense that things remain beyond their grasp. Bitcoin offers them the potential to store their time, effort and work without being debased. Gresham's law states that "bad money drives out good." This is why you find people converting their cash to bitcoin as cash is ever depreciating. As more people use and accept bitcoin it's network increases exponentially and thus becomes more valuable (Metcalfe's Law). What is the coolest thing about bitcoins? Uhhh orange pilling (slang for bitcoin converts) other folks! Yeah, we're not trying to be cute just practical.

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#WRITING

Journaling and Feel the Emotional Benefits

If you want to chronicle your feelings, discover the right type of journaling for you.

Bridget Jones's Diary. The Princess Diaries. The Sisterhood of the Traveling Pants. The Carrie Diaries. In pop culture, journaling always seems so easy. While the notion of keeping a diary comes across as whimsical and beautiful on-screen, it's totally untenable for many people. If you've been too intimidated to start - or return to - journaling, you may not have found the right style for your personality. Fortunately, there are many types of journaling besides the traditional form we've seen depicted in films, books, and shows. Re-approaching journaling or experimenting with new styles can reignite a connection with the practice.

The therapeutic writing specialist says unnecessary boundaries and expectations can stop people from continuing the introspective process. Jacobs encourages potential journalers to play with styles that diverge from their natural way of writing or thinking. Whether you journal on your phone or in a leather-bound book, write daily, weekly, or whenever inspiration arises, combine styles or stick to one, Jacobs says it can help you process thoughts, feel more settled, build confidence, and be more aware. "You relieve your heart, body, and relationships of burdensome and startled energy," she explains. "You feel better and more whole." Remember: There are no rules, especially for an activity so personal.

"The most important thing is to journal for yourself only," Jacobs says. "When you try to let the process be open and only for you, it will become easier and easier to get to. Whatever shape your process takes, over time it will evolve and gain momentum." Here are six different styles of journaling to consider:



Personal Diary

Keeping a journaling, unstructured, free-flowing diary is one of the most popular styles of journaling. Writing freestyle trains your mind to be more flexible. If you're trying to work through personal issues or simply want a safe space to explore thoughts that you

might not feel comfortable sharing with others, this classic journaling style could be the best one for you. By chronicling the happenings in your life and your feelings attached to them, you can sort through your thoughts and have a record of your life to look back on.



Bullet Journal

A bullet journal (also called list journaling) is great for those who like to gather their thoughts but want to keep them short, organized, and concise. Bullet journals are often used for tracking patterns, such as water intake and screen time, or keeping lists, like goals and milestones. They are effective for individuals who don't have a lot of free time but still want to reflect or who like to brainstorm, doodle, and schedule. Don't be fooled by pretty pictures of these types of journals on social media: They don't have to be photo-worthy to be effective or meaningful.

Scrapbook Journal

The scrapbook or art journal is wonderful for visually minded types who prefer images to words and like to express themselves through external inspiration. With stickers, tickets, cards, clippings, doodles, photos, and found objects, journalers can collect and assemble tangible objects to create a memory-style journal. It's a perfect outlet for imaginative people or those who desire to be more creative.



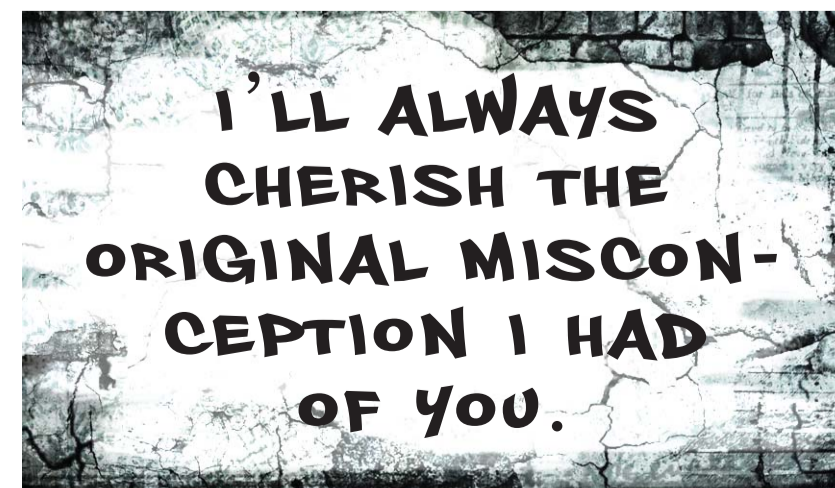
Video or Audio Journal

If writing isn't for you, expressing your feelings with video or audio could be more advantageous. Hitting record on a voice note, tape recorder, or webcam can be as equally therapeutic as putting pen to paper and will still help you chronicle your days or synthesize your thoughts. When you're done, you can save them to a hard drive or in the cloud. As with any journal, deciding whether to share the recordings or keep them for yourself is entirely up to you.

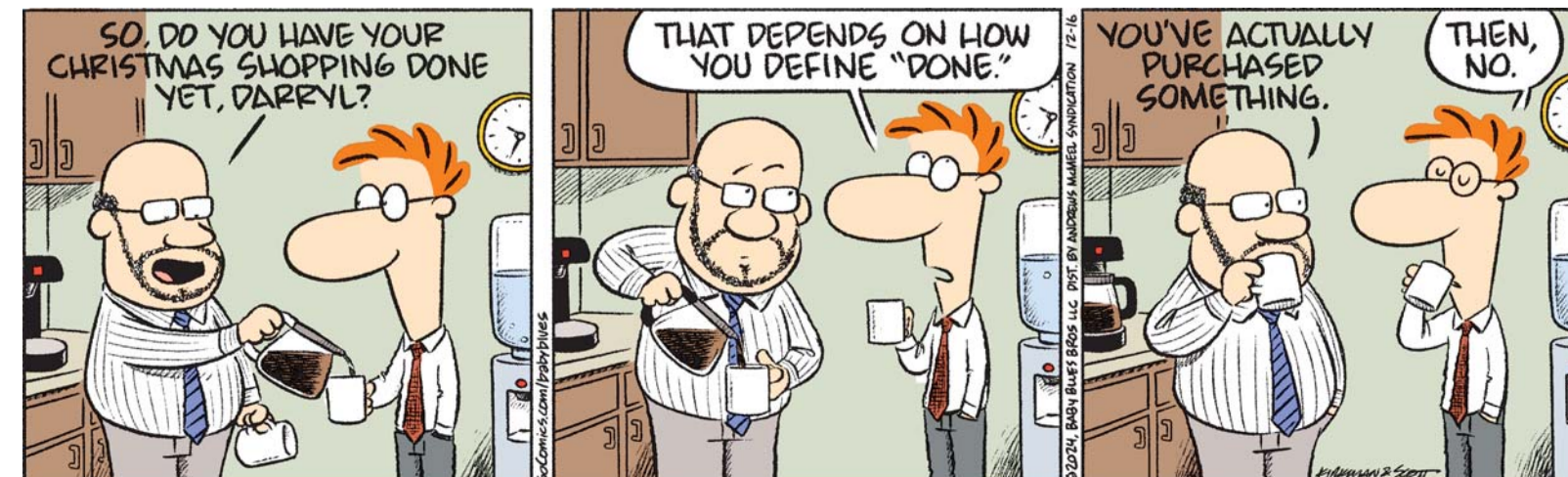
Gratitude Journal

Many studies note that writing down what you are thankful for can make you feel happier and less depressed. For those seeking a positive mind-set or who believe other types of journaling lead to darker places, gratitude or affirmational journaling can provide a lift. Writing down a detailed list of three to five specific moments, things, or people you are grateful for can be rewarding. Whether big or small, elaborating on why you're grateful or recalling affirmations you'd like to remember will help solidify the happy feeling and contribute to a healthier, more grounded you.

THE WALL



BABY BLUES



By Rick Kirkman & Jerry Scott

ZITS



By Jerry Scott & Jim Borgman