# ARBIT it happens here...

# **#EVENT**

# Of Style, Substance and Success

Read interesting excerpts from a recent talk show of bollywood actress, Raveena Tandon in Jaipur.





ICCI FLO Jaipur recently organized an event 'Style, Sub stance and Success with renowned bolly

wood actress, Padma Shri Raveena Tandon. During the interactive session. Tar don threw light on mother nood, condition of women. The actress was in conversa tion with the newly appointed FICCI FLO Jaipur Chairperson. Neha Dhadda. Below are some interesting excerpts from the conversation

# On Qualities to live by

Compassion, kindness, and emotional depth are three traits that have had a profound impact on Tandon's persona According to the actress, these qualities are essential for cre ating a better world. Tandon firmly believes that to be a successful human being, it is nec essary to first be successful within oneself. In covid-19 the actress gained a valuable insight that all our lives are ultimately about happiness - not materialistic but emotional happiness.

### **On her Beauty Secrets**

When asked about the secret to her beauty and radiant glow, Tandon attributed it to her genetics, mentioning that her father also had a glowing complexion. "My father used to glow like a light bulb!", she said. However, she also emphasized the importance of self-

care and maintaining a healthy lifestyle. Tandon shared that she prioritizes healthy eating, with all of her meals cooked in desi ghee, a traditional Indian clarified butter. In terms of physical exercise, the actress disclosed that she does not enjoy going to the gym and instead opts for more calming and meditative practices such as yoga and

### On her diverse roles in Bollywood

swimming

Tandon discussed the diversity of her work and how it has allowed her to break away from the monotony of the film industry. She emphasized that she does not believe in doing things that are run-of-the-mill and always strives to push herself beyond her comfort zone. Tandon recalled a time in the early 90s when actresses were often stereotyped as either "art house cinema" or "commercial heroines." However, she was determined not to be boxed in by such narrow categories. Throughout her career, Tandon has successfully transitioned between different genres and roles, earning the ac-

ceptance of audiences in films as diverse as the comedy classic Andaaz Apna Apna and the ard-hitting drama Shool. While answering a question about a fictional character hat she would like to play, Tandon said that she would want to play the role of Charlie Chaplin as there are very few people who can make one

### **On Bringing up children**

Raveena adopted two girls aged 11 years and 8 years at the age of just 21 and also has two biological children. Reflecting on her experiences as a mother of four, Tandon emphasized the importance of being a positive role model for one's children. She believes that leading by example is the best way to teach children im portant values and life skills Fandon shared that her adopt ed daughters have now be come her best friends, and she often imparts the same wisdom that her own mother shared with her. She believes that honesty and transparency are key to building strong bonds with one's children and advocates for never sugar-coating things. Tandon is also a firm believer in the importance of discipline for one's

### On Being a Woman

Tandon is a strong advocate for women's empowerment and believes that women possess innate qualities that make them unique and powerful. Ac cording to her. multitasking comes naturally to women and she believes that Indian women, in particular, embody the true form of Devi - the Goddess

Tandon acknowledges that women are born givers and have an innate maternal instinct that makes them nurtur ing and caring. However, she also acknowledges that the condition of women in many parts of the world is still quite dis mal, particularly in war-torn countries where women are denied basic rights and subjected to unspeakable atrocities.

# **On Politics**

joining politics is a testament to her strong convictions and principles. Though she has received offers from several political parties across India, she remains steadfast in her belief that she has yet to come across a party whose ideologies align with her own.

Tandon believes that her voice is free and unafraid, and that joining a political party would risk compromising that freedom. However, she also believes in the power of positive change and the importance of keeping an open mind. Tandon stated that she subscribes to the "never say never" attitude and would consider joining a party if she felt that she could make a positive difference.



cry while laughing.

children.

Raveena Tandon's stance on



If you go back to the time of the various Kingdoms before the British took over, the

King/Queen's permission would need to be taken before any forest was cleared

# **#THE JUNGLE**

flict, the biggest challenge lay in finding a solution to the local man official conflict. Why is there a conflict between

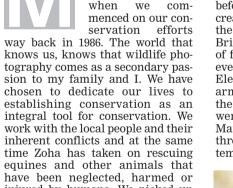
forest communities and forest officials is another question that is often asked. This answer is not simple. To truly comprehend what transpired, one must go back in history and figure out what happened before the Dominion of India was created. If you go back to the time of the various Kingdoms before the British took over, the management of forests was pretty much the same everywhere in the sub-continent. Elephants were needed by the armies. Forests were needed to feed the elephants. And thus, the forests were given maximum attention. Management was structured through the local people and a system of give and take was estab-

lished. The villagers could take for est produce, graze their cattle, take wood for cooking, and could kill boar and deer for meat for their homes but not to sell. Killing of predators was controlled by the court. Elephants could not be killed. The King/Queen's permission would need to be taken before any

forest was cleared. Village patwaris were given the iob of forest keeping. Nothing happened in the region without their knowledge. Further gun licenses were severely restricted. Once the British took over the laws changed as the huge wealth of our forests now belonged to the Crown of England. This wealth needed to be harvested and 'Protection Laws' were enacted where the local people were no longer the keepers of the forests but the local District Collector, a white man, would now control this wealth. People were dissatisfied but there was nothing they could do against the might of the British forces. Then came inde-



# WAN



Nawabzada

any ask me if. for us

as a family, did

wildlife photogra-

phy lead to conser-

vation? The truth is

that we could hard

ly afford a camera

equines and other animals that have been neglected, harmed or injured by humans. We picked up the camera only as a means of telling our story. Exclusionary Laws of the British We have our own Non-Profit

Organisation. The Buffer Conflict Resolution Trust of India (BCRTI) took birth after we had spent enough time in the bush and seen the many conflicts that were/are playing out in such forgotten places with many forgotten people. When we moved to Mangala, near Bandipur in 1988, the area was replete with poaching, smuggling, snares, illegal electric wires killing wildlife, theft, caste conflict, wife abuse. alcoholism and dowry harassment to name a few ills. Apart from the man-animal con-

1 at the

# THE WALL IF LIFE GIVES ACCO YOU LEMONS.

EAT CARROTS

# **BABY BLUES**



# **Blah BlahBlah Day**

e have all been there, haven't we?... Someone asks us to do something, and we have no interest in doing so whatsoever! In fact, all we have heard them say is "blah, blah, blah " because we have tuned out entirely. Does this sound familiar? Well, Blah BlahBlah Day is all about these moments. However, rather than failing to complete the task that you're being nagged about, you should give it your all and get the job done once and for all!

# **#J'ADORE**

Unique Salwar Suit Styles We're Loving

> Whether you're looking to dress up for a presentation at work, or meeting a friend at the movies, you can always lean on a salwar suit

> > alwar suits are so comfy and pretty, they'll always be a wardrobe staple for us. Whether you're looking to dress up for a presentation at work, or meeting a friend at the movies. vou can always lean on a salwar suit. We like that you can style it down as an everyday staple, or up the style quotient to make it special occasion-appropriate. The possibilities are endless, and so, we have rounded up 6 trending \*unique salwar suit designs as inspiration for

### ligh Low Anarkali alwar Suit

**Ve** love a pretty narkali suit, but a unique style we've been eyeing is the asymmetrical Anarkali! Keep the front seam slightly higher than the back of the Anarkali for a

nore grand and contemporary look. You can also opt for embroidery or threadwork on the seam of the churidar, making the look ideal for any wedding or party you're attending.

> Bored of the traditional Anarkali? Add flair & flow to it with an extra layer. Pair your churidar or straight pants and we promise you'll look

Double Layered Anarkali

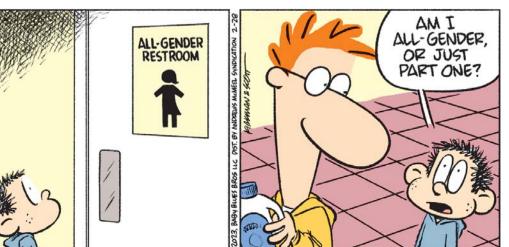
ouble-layered Anarkali suit with a 'twice' as lovely!



Kurta, but make it frock! As kurta is designed like a frock Pair it with a Patiala salwar

### **Salwar Suit** Add a touch of glam to your salwar suit pattern by adding a high slit in front. You can try this pattern for both straight and flared kurtas. All about experimenting? Try a one-sided slit. Pair it with a churidar or cigarette pants and you'll have

# By Rick Kirkman & Jerry Scott



# was too little, too late. An entirely new thinking was required and is

# **Beautiful Indian Wilderness**

It is very clear that the protection laws have been a great success, They have saved our tiger but from now on if we need to go from 3000 to 8000 we will have to convince all the people and not just the erstwhile forest dwellers that they will need to share their space with tigers, leopards, bears, boars, elephants and other such beautiful animals. For this we need tools of effective dialogue. We believe that dialogue is essential for conservation. For any dialogue to be productive, we need mutual respect and in order to earn respect we need to earn the trust of the local people revenue being one such tool Conservation to us is the path to finding a win-win solution for every iving creature in the eco-biosphere Humans have to be treated on equal footings as the tiger or any other animal in any said eco-biosphere villagers must feel they belong to the forests and vice versa, only then will the villagers open up their villages to the wilderness willingly.

I hope and pray for the sake of my beautiful Indian wilderness that this is done sooner than later and that a Conservation Law is enacted at the earliest. Protection should only be implemented where conservation fail rajeshsharma1049@gmail.com

# the name suggests, the - fitted from the top and flared from the midsection

# or dhoti pants. With a look so elegant, you'll want to do the twirl! **Front Slit**

a drop-dead gorgeous look!

ZITS

IS THAT

ROXYP

management of forests was pretty much the same everywhere in the sub-continent. Elephants were needed by the armies. Forests were needed to feed the elephants. And thus, the forests were given maximum attention. Management was structured through the local people and a system of give and take was established. The villagers could take forest produce, graze their cattle, take wood for cooking, and could kill boar and deer for meat for their homes but not to sell. Killing of predators was controlled by the court. Elephants could not be killed. The



ndence and the Dominion o India was formed. Instead of reverting back to the inclusionary Patwari system of forest manage ent, we retained the exclusionary vs of the British. Arbitrary lines ere drawn, and the local people excluded. If one were to redefine conservation, the existing protecon laws and the Forest Conservation Act would have zero conservation. The whole definition conservation was altered to suit exclusionary thinking Conservation was more or less defined as protecting the environment and growing trees. There was zero effort to take along the local eople. Exclusionary laws led to an clusionary mindset with officials. This has led to an ever-escalating conflict in the field. Personally, I do not see any end in sight for this conflict unless we change the law from protection to conservation but after

It is interesting to note here that 90% of our wildlife was killed in the 1950's and 60's when gun licenses were given to mostly everyone who This devastation was stopped by Madam Gandhi who called on erstwhile royalty, the effervescent and autocratic Shri MK Raniitsin Jhala to come up with an act to stop this plunder of our wilderness. The act was hugely successful, but I wish the WLP Act 1972 that he founded was but a stepping stone to a larger, more comprehen sive Conservation Act that would go back to our roots of forest conservation, for the people, by the people. Consequent to the Protection

and Forest Conservation Acts, by

the time the Forest Rights Act was

enacted in 2006 the damage had

been done. Conflict had gone way

out of control. Earning back the

trust of the people without the peo-

ple's involvement was a task in futil-

ity. By constraining commercial

activity around forests and just giv-

ing the rights of forest dwelling peo-

ple and not others who live around

forested areas. restricted access

In any said ecobiosphere, villagers must feel they belong to the forests and vice versa, only then will the villagers open up their villages to the wilderness willingly.







# **Salwar Suit**

Whoever said that sherwanis are just for men! This classi style of kurta looks fab on women too. Pair vour high neck bandhgalasherwani with statement earrings and cigarette pants, for a perfectly timeless look!



**Cape Style Salwar Suit** Superherces wear capes and since you're one too, you need one in vour life ASAP! Swap out the regular dupatta for a cape on you salwar suit. This style is perfect if you want to rock the salwar suit look with a modern twist. Plav with the fabric and patterns of the cape - from sheer to intricately embroidered ones. You can also experiment with the length - we love the elegant look of a cape that touches the elbow. The best part about this salwar suit design is that you don't have to worry about your dupatta slipping. We'd recommend it for a cocktail party or a wedding reception.

By Jerry Scott & Jim Borgman