ARB-It happens here...

#AUGMENTATION

CURIOSITY ENHANCES MATHS AND READING SKILLS

Genetic factors that predispose children to do well in school are also the same factors that predispose them to be more open to challenges, be creative, intellectually curious, and confident.





haracteristics related to openness, such

intellectual as curiosity and confidence, may make children more adept at math and reading than characteristics that describe conscientiousness.

such as diligence and perseverance, a new study shows. "Our findings provide additional knowledge on the complex set of skills that interact and give rise to differences in academic achievement between children. as well as the complexity of genetic architecture of academic achievement, which is made of many parts beyond intellect," says Margherita Malanchini, a postdoctoral

fellow in the Psychology department the and Population Research Center at the University of Texas in Austin.

Prior studies have linked differences in academic skills to differences in self-regulation, or how well children can control their behaviours and internal states against a backdrop of conflicting or distracting situations, drives, and impulses.

However, self-regulation is a broad construct that incorporates both intellectual abilities, such as executive functioning, and personality traits, such as conscientious-

ness, researchers say To understand the underlving skills and characteristics of self-regulation and how they contribute to differences in reading and math profi ciency, researchers collected data from more than 1,000 twins, ages 8-14, in the Texas Twin Project, a large population-based twin study that UT Austin psychology associate professors Elliot Tucker-Drob

and Paige Harden direct. Studies on twins allow researchers to isolate and observe the impact of genetic and environmental factors, in

this case, on the association between self-regulation and academic skills.

Even after accounting for intelligence. researchers found a strong link between executive functioning, the ability to plan, organize and complete tasks, and proficiency in reading and math.

The study also shows that children who are higher in executive functioning demonstrate increases in levels of openness, intellectual curiosity, and confidence. These links were attributed to shared genetic factors (60 per cent) and environmental factors (40 per cent). Researchers didn't see the same for personality characteristics describing how conscientious and diligent a child is.

"This indicates that some of the genetic factors that predispose children to do well in school are also the same genetic factors that predispose children to be more open to new challenges, creative, intellectually curious, and confident in their own academic ability." Tucker-Drob says. The research appears in the Journal of Personality and Social Psychology.

It's Better To Know The King Cobra



• Amy Y. Conry Davis



few other animals that can kill this kind of snake. Found mostly in the rainforests and swamps of Asia, king cobras prefer habitats with thick vegetation, such as bamboo and mangrove thickets. The cobra has myths and stories attached to it, that shudder away most people, but some facts about this versatile snake will make them more real than surreal, as they are.

The King Cobra is the Longest of Venomous Snakes

here are hundreds of species of venomous snakes in the animal kingdom, but the king cobra is the longest of them all. An adult snake can be 10 to 12 feet long and weigh up to 20 pounds. When a cobra

'stands,' it can be eye to eye with a human of average height. The longest king cobra on record measured at 18 feet. As a comparison, the python, the longest non-venomous snake, can grow 20 feet long.

King Cobra's 'Hoods' are Actually Ribs

hen a king cobra is on the W hen a king coor a to ch dis-defense, it produces a distinctive hood that flares around its face. This hood, like other parts of the snake's body, has markings unique to the king cobra. At first glance, the snake's hood looks like part of

eir Venom is a De

noisonous snakes are general-

classifications: neurotoxic and

hemotoxic. A neurotoxin is any

poison directly affecting a

human's or animal's nervous sys-

tem. Hemotoxins, on the other

hand, are typically found in rat-

tlesnakes and vipers and affect a

human's or animal's bloodstream.

THE WALL

ly divided into two venom

and muscles that can flex and move. To make itself appear larger and more dangerous, the

A king cobra's venom is neurotox ic, when the snake strikes, it produces a small amount (mere ounces). Even this small amount can send the snake's prey into paralysis. Moreover, this venom is so poisonous that a human can die within minutes of being bitten. A large animal, such as an elephant, can die in a few hours.



ONE OF THE KEYS

TO HAPPINESS IS A

BAD MEMORY."

-RITA MAE BROWN

King Cobras are Cannibals ing Cobras are considered **I** cannibalistic because they generally only eat other snakes. Occasionally, they may eat a small animal, rodent, or bird, but that's more characteristic of a common cobra. Cobras' stomachs have adapted with digestive juices to break down other snakes' poison and render it safe, so even if another snake is venomous, the king cobra isn't affected. Since king cobras don't have

Female Cobras make Nests

any teeth, they eat their prey

The king cobra is the only snake that builds a nest. When a female cobra prepares to lay her eggs, usually in the spring, she creates a nest of leaves and twigs. The female builds walls and a cover to insulate and protect the eggs she'll lav (she lavs a clutch, or a group of

The Mongoose is Their Biggest Predator

s powerful as the king cobra As a carnivore, the mongoose \mathbf{A} is, the mongoose is the one normally eats small rodents, like animal it will avoid crossing paths with. This small mammal, a nember of the Herpestidae famiy, is only about a foot long but mmune to many snakes' venom.

rats, but has been known to fight and kill venomous snakes. The mongoose won't hunt or track a cobra intentionally but will defend itself if threatened.

although it may take several min

drink water to survive, but they'll

absorb it through their bellies as

they pass through naturally wet

areas, such as streams, marshes,

eggs, which can be as many as 50

eggs). A female cobra remains in

the nest, on guard, for several

months until the eggs hatch.

From the start, hatchlings can

care for themselves and even bite

if necessary. It takes about four

maturity from the hatchling state.

mal entirely.

and creek beds.

BABY BLUES



its skin, but believe it or not, it's actually a system of rib bones king cobra spreads these ribs and fans out the hood as it hisses and 'stands' up.



#WILD



International Karaoke Dav

here's something so compelling about taking a few minutes to belt out a song while pretending to be a rockstar! Perhaps, it's the thrill of holding a microphone, maybe, it's the idea of possibly being discovered and becoming famous, or it could just be that many people enjoy karaoke more after having a few drinks. International Karaoke Day is here to show appreciation for this fascinating form of interactive entertainment! The word comes from a combination of 'kara' which means empty and 'oke' which refers to an orchestra. Together, the word means 'empty orchestra.' As technology has advanced, karaoke has become more accessible to individuals and families, often with the ability to flash the lyrics on the screen.

#J'DORE

Stylish and Effortless **Hairdos** If you have an event to attend or simply want to feel more put together, then you might be interested in some ways to stay looking great in the rain.

f you wake up to rainy skies, it's more than acceptable to rock a ponytail and zero makeup. But when it starts to feel like a 24hour sauna, the last thing you want to worry about is

your hair. After all, there's nothing like a downpour and a touch of humidity to make things difficult. Apart from melting makeup, you'll likely have frizz to contend with, as well as possible damp strands. The only thing you should keep in mind on a rainy and humid day is the word simple.' Less is more on this day. If you have an event to attend or simply want to feel more put together, then you might be interested in some ways to stay looking great in the rain. We have rounded up a few cute and effort-

less hairstyles for you to rock in

this everyday changing weather. **Cuff Buns**

W hat is cooler than a top bun? Adding a metal bun cuff to it, of course! It's the perfect hassle-free quickie you can create and it just looks absolutely stunning with just about everything. Just toss all your hair up in a top bun, securing it with bobby pins. Add the metal cuff and voila! Don't vou look perfect?

Side Braided Ponytail



L braided ponytail is just perfect for monsoon. Your hair stays on one side and stays put, while the braid just adds more beauty to it. With a side part, pick up a section of your hair to create a French braid and tie it up in a ponytail, leaving some loose strands. To create a fuller pony tail, spray it with some volumis ing leave-in spray and gently backcomb the hair.

JUST DID THE DATING

SORRY!

APP PROFILE TOMAKE

YOU JEALOUS,

D'IJON!

ZITS

Side Up-do



D on't rains bring out the romantic side in you? Try a romantic hairstyle by twisting your hair up in a side low bun. Look chic and stunning with this hairstyle while heading out for that romantic date. Finish this look by spraying some Hair Polish for instant shine to add the extra glitz

Ballerina Bun



D adorable. An easy hairstyle. this bun is created by swirling vour hair at the back. You can either go for a super low ballerina bun or have it on slightly Not only will this help in keeping your hair from getting wet, but it will also allow you to **Roll and Tuck**

You can leave near the nape

or take them little up on the

crown area. The good thing is

you can sport this style both with

formal and casual wear.

scarf as well.

IT WAS, HANDS DOWN

THE DUMBEST THING

IVE EVER DONE!







Poisonous snakes are generally divided into two

They Use Sound to Defend Themselves

r ven though king cobras can swim quickly and climb trees, they are still prone to attacks from other reptiles and animals. When king cobras are on alert, they use multiple defense tactics to protect themselves. Most of the time, they would rather get away than fight and can move as fast as 12 mph. However, if cornered, in addition to flaring their hood to

make themselves appear bigger, they also make a unique moan. Like most snakes, cobras will hiss, but they also use this moan to signal to their predators to back away before they strike. By filling their lungs and slowly exhaling, they emit a long, lowpitched noise like a dog growl. Unfortunately, the king cobra's greatest predator is the human.



King Cobras have Long Lifespans

whole. The cobra's jaws can stretch and open wide to allow large animals to pass through utes for them to swallow an ani-Cobras can go months, even years, without eating, like several other snakes. Snakes don't need to

n the wild, these snakes can live for more than two decades. Since they can survive for long periods without eating and don't require much water, they aren't overly susceptible to droughts, food scarcity, or other natural disasters in the same way that other animals and reptiles might be. Also, not many other animals, that live in the areas that cobras inhabit, hunt these

snakes, so they have very little dan ger of becoming prey. Despite their privileged position in the food chain, king cobras are categorized as 'vulnerable' by the International Union for Conservation of Nature (IUCN), threatened mostly by habitat destruction and human persecution

By Rick Kirkman & Jerry Scott

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allerina buns are absolutely below the centre of the head. stay stylish during this season.









n ideal style for the monsoon A We all have those lazy days when we do not want to do much with our hair. Half clip hairdo then comes into the picture and makes our day and hairstyle worthwhile. This hairstyle can be made in many different styles but for the monsoon, we recommend the simple half tie up.

hairstyle







Sleek-High Pony Tail



High pony tails are easy, hassle free and an ideal hairstyle for monsoon. One has to simply pull up all the hair and tie them with a rubber band. If you find any loose fly-aways here and there, then you can apply little mousse or gel to settle them and you are ready with an ultra glamorous

French Fishtail



O ne can transform their pret-ty locks to an elegant looking fishtail braid during monsoon. It's a fun and trendy hairstyle which is opted by many women nowadays. And French fishtail is right now in vogue and is a big boon in this season.

By Jerry Scott & Jim Borgman I LOVE THAT I'M IN FIRST PLACE!