

#RESTRO-REVIEW

Diona: Watering Hole To Cool



In the heart of Jaipur concrete jungle it can accommodate multiple private parties at a time with their 5 serving bars at different decks to facilitate the crowd and hosts a beautiful infinity pool.



If you love your mocktails a little more than everything else around you, you are in the right lane. Or how else can you survive this sweltering heat and simmering temperatures of the last few days?

A great wine stop over is Diona- a resto lounge and bar launched by Prime Hospitality.

It claims to be the biggest rooftop lounges of India, spanning over an area of 36,000 sqft, with expansive indoor and outdoor venues. Diona Jaipur raises the bar both literally and figuratively. It isn't a place, but a lifestyle. The entire architecture and interiors of the lifestyle destination are designed to make you relax.

In the heart of Jaipur concrete jungle it can accommodate multiple private parties at a time with their 5 serving



bars at different decks to facilitate the crowd and hosts a beautiful infinity pool on the 12th floor overlooking the city with a 180 degree wide view. The whitewashed walls, rustic open spaces, and the quintessential Santorini blue transport you to the Greek isle while you are at Ajmer Rd.

A curated menu of unique appetizers, local and international delicacies, and house-crafted cocktails put the rooftop bar on top of the things to do in Jaipur. The Brewery at Diona - Speaking of the five exquisite beers, Pomona - Mango Milkshake Pale Ale has the texture of a milkshake and the taste of mango with a hint of hops and malt, creating a delightful drinking experience for beer and non-beer drinkers alike.

Apollo Lager on the other hand is out and out a German beer with notes of citrus and herbs. Titan German Hofweizen has overwhelming notes of clove and banana and gives you a fruity flavour with an extremely satisfying



wheat finish. While Chronos Belgian Wit Beer is a go-to with most wine drinkers, with literally no bitterness and is all about sweet and spicy notes. Chaos American IPA is Diona's take on the ever famous IPA and has soft bitterness, honey sweetness with aroma and flavours of tropical fruits. Choosing the best one leaves everyone in a spot.

The hordoeuvres menu other than the usual suspects like paneer, Hara bhara tikka, dhakke kabab, corn palak tikki is also laced with sushi and Italian fare.

Diona until very recently was the weekend toast of Jaipur ruppies. All mocktails that are most in demand are served at another level at this watering hole.

So the most ordered virgin mocktails are

- Cindrella
- Spicy Guava Drink
- Pineapple Sweet Lime Drink
- Melon and Ice- Cream Fizzy Drink
- Fresh Complexion Express, Pineapple and Cucumber Juice
- Virgin Pina Colada

The pomegranate sangaria is also that stays with you long after you have stepped out of Diona.

For foodies who cannot do without the daily dose of roti subzi there is a main course menu too- both vegetarian and non-vegetarian.

So Diona ideally this time of the year in the evenings has a great Diva pull with confetti in their hair and a drink in their hand and a cool dude besides them to have fun without sin.



Failure Is Gradual and Then Sudden!



The Law of Entropy fits life like a glove. You must run to stay in the same place. And you must run like your tail is on fire to progress. If you don't invest in your growth, you won't grow. But the market grows, customer needs grow, technology grows, demands grow, everything around you grows, and one day you discover that you don't fit any longer. Worse, your employer discovers that, and you become the proud owner of a Pink Slip. Remember that didn't happen then. Your Pink Slip was written the first time you passed up an opportunity to learn.



A quote from something a dear friend sent me. 'In Ernest Hemingway's famous novel, The Sun Also Rises, a character is asked how he went bankrupt. "In two ways," he answers.

"Gradually and then suddenly."

A famous sentence, one that aptly describes how businesses go down. We get fixated on the sudden events that occur at the end of the trajectory-banks calling in their loans, creditors going to court, unpaid salaries, and the like. It all feels dramatic and sudden, and we look for answers in the here and now.

But those answers can only be found way back.

Businesses are not the only things that go wrong following this gradually-then-suddenly trajectory. Many other human endeavours follow the same path. There is much anxiety and hand-wringing when we suffer an avoidable medical event, for example, but our lifestyle choices over many years prior often go unremarked.

When human constructs like bridges or dams fail, or cities are flooded, it is not just because of sudden and unusual rain events. There is a gradual negligence afoot-years and years of wear and tear, maintenance failures, or unattended corrosion.

Because we looked away from that work, we are forced to look on in horror when the final collapse happens." End of quote

That's the theory of Seneca's Cliff... takes a long time to get to the top of the cliff and then is the sudden drop to destruction. The problem is that after a certain point is crossed, reversal is almost impossible and going off the top is inevitable. That's where I fear we have reached, in several countries that I am familiar with and globally. In the countries that I am thinking of, it is the apparently sudden appearance of majoritarianism, fascist politics,

#MOTIVATION

considered 'safe', respectable, or otherwise. You will find the signs in daily conversation in how certain people are referred to. You will find the signs most powerfully in jokes and humour, which highlights prejudice long before it is seen in public. A progression of the masses from all kinds of economic skulduggery to enrich the elite ruling class. This includes the passing of draconian laws to track, monitor and control people in the name of keeping them 'safe'. Covid was a huge blessing for such leaders who used it instantly to pass laws with popular support which couldn't have seen the light of day in a normal period. The problem with all these is that once in place, they never go away, though the so-called threat itself may have gone. The media plays a huge role in enabling all this. Thanks to a gullible population addicted to screens, which can't differentiate between the truth and concoction, and willing to follow the Pied Piper, the rest is easy.

But when you stop for a bit and look back at history you will find plenty of signs about where society was headed. You will find the signs not in cataclysmic events in high places but in daily dinner table conversations at home, in unintentional maybe even unconscious messages to children, in choices about who to be friends with, who to invite home, who is

the signs in the increasingly insular, chauvinistic, uni-culture nature of social gatherings, where the one who doesn't fit in is unwelcome. You will find it in apologetic suffixes to statements like, 'I am not saying that 'they' are all like this,' or 'Some of my best friends are Xians' or 'Not all Xians are XYZs but all XYZs are Xians.' From here it gets to being normalized in public discourse by national leaders and we are well and truly on the slope. The question to ask is not, 'How was I so blind that I didn't see what was happening early enough to stop it,' but 'What is happening right now that I need to notice and stop so that we don't have a catastrophe to deal with a decade later?'

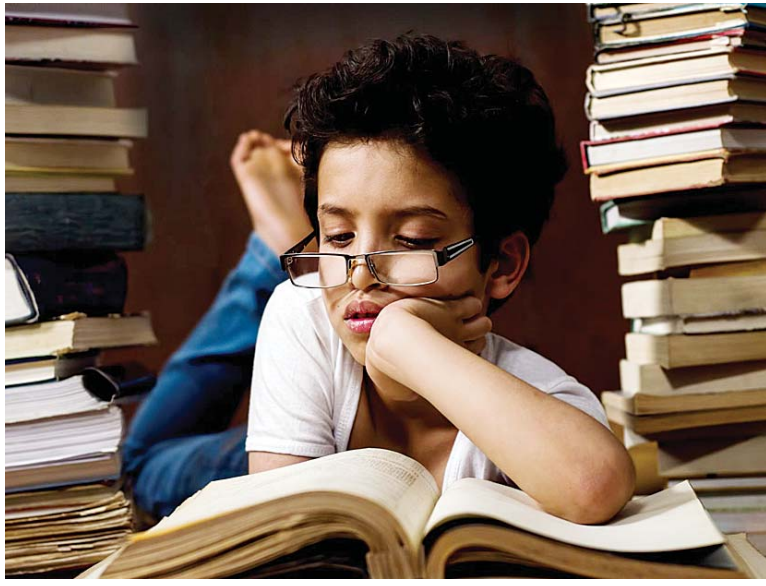
To understand why this happens let me tell you the Parable of the Boiled Frog to illustrate what I mean by the danger of gradual change. If you take a nice, healthy, frog and drop it into a pot of hot water, it will instantly leap out. But if you take the same frog and put it in a pot of water at room temperature and allow it to get comfortable in it, then you light a fire under the pot and 'gradually' heat it, the frog will get used to the gradual rise in temperature until the temperature gets dangerously hot. But by then the frog, being a cold-blooded being, is too flaccid, maybe even paralyzed, and can't move, even though it knows that



International Asteroid Day

Scientists estimate that approximately 65 million years ago, an enormous asteroid fell to the earth in the area that is presently Yucatan, Mexico. This is referred to as the Chicxulub impact and some scientists think this may be what contributed to the extinction of the dinosaurs. The goal of International Asteroid Day is to inform the public regarding various actions and efforts that should take place in case the need should arise. Explore the mysteries of space rocks hurtling through the galaxy, with the potential to unlock secrets of our universe!

“ Add value first. Entitlement will follow. Entitlement goes with territory. Contribution defines the territory. ”



its life is in danger. Pardon my saying that with so much authority though I have never been a frog, much less in such a predicament. This is my parable of the boiled frog. A disclaimer before we go further - please do not try this anywhere. There is or should be a law against cruelty to dumb frogs. The parable is salutary of course for another reason because for a lot of people this is the story of their lives. They live unaware of the water heating up, until it is too late. As the unknown (to me) author in the quote above said so aptly, "Because we looked away from that work, we are forced to look on in horror when the final collapse happens."

You Don't Want A 99%

In my life of 67 years to date and 40 years in consulting, coaching, and mentoring, advising individuals, organizations, and governments, on matters related to leadership and human relations, the Parable of the Boiled Frog, appears to come true far more than I would have thought possible, given that in all cases I am talking to highly educated, intelligent people. But true it is, whether we like it or not. Extremely painful, and deeply tragic because it is totally avoidable. The solution is to be constantly measure everything that is valuable to you. The key word is 'constantly'. In the words of Mikel

“ THE SINGLE, MOST POWERFUL CHANGE TO TRANSFORM THE WORLD IS TO MOVE FROM - THE WORLD IS RESPONSIBLE FOR ME TO, I'M RESPONSIBLE FOR THE WORLD. ”

“ WE GET WHAT WE MEASURE. WE GET WHAT WE REWARD. ALLERGY TO CRITICISM IS ALLERGY TO SURVIVAL. ”

wouldn't even call 'events', but which pile up until the proverbial camel's back breaks. Likewise raising evil people. Remember that every evil person that walks the earth today was a baby, a toddler, and an adolescent, before he or she became an adult. It is salutary to think of all that happened during that time or to put it more accurately, all that could have been done to ensure that the adult would be an ethical, moral, responsible, compassionate, and kind person. That is not too much to ask, right? Sadly, that doesn't happen. The fault, always and invariably, is that of lazy or absent parenting.

Breakups

In my consulting practice, working with family businesses, I have seen several instances of acrimonious breakups of the family business with siblings at each other's throats in the law courts, benefiting nobody except the attorneys on both sides, who keep fires burning as long as they can. I say to them that this breakup is not happening today; it is what the parents allowed and encouraged in the nursery when the litigants were two and three years old. When one 2-year-old refuses to share a toy, how many parents say, 'Don't worry, I will get you your own.' That is the seed. The fruit takes forty years to come, but it surely does. Only the location changes from the nursery to the law court. But it is the same story, and a healthy, profitable business is dismembered like a carcass.

I have seen the same story with career progression. People talk about their dreams of career advancement. But when I ask them, 'What book are you reading now?' they tell me, 'I am so busy, there is no time to read.' I ask them, 'What course did you attend during your vacation?' they look at me as if I am crazy, as if to say, 'Vacation?' Course? Are you insane?' I say silently, 'Wait until the next downsizing of your company. Then you will know who was insane.' It is the daily small

improvements to yourself that make major impacts in life. The Law of Entropy fits life like a glove. You must run to stay in the same place. And you must run like your tail is on fire to progress. If you don't invest in your growth, you won't grow. But the market grows, customer needs grow, technology grows, demands grow, everything around you grows, and one day you discover that you don't fit any longer. Worse, your employer discovers that, and you



become the proud owner of a Pink Slip. Remember that didn't happen then. Your Pink Slip was written the first time you passed up an opportunity to learn. It was just sent to you on the day you received it. What is sad is not the Pink Slip but that it was you who wrote it for yourself.

I have held myself to the rule of constant measurement and continuous learning to my great benefit. I document all my output. I have mentors who I regularly consult and listen to very carefully. I invest in books and courses and

try to learn constantly. The result in only one aspect of my life, business consulting, is that on the rare occasion when someone says to me, 'But so-and-so charges less than you do,' I reply, 'Here is what I learnt in the last five years (list of books, courses, and output). Please ask for this from the other consultant and decide who is good for you.' I have never had a client who said, 'The consultant's investment in themselves is not important for us.' Investing in yourself gives the client confidence in your ability to help them. That is a daily, small event, affair. It is not a PhD, but a book, a course, a serious conversation with notes. It is time spent daily in reflection, introspection, and conceptualization of learning, once again all documented. Believe me, if you didn't document it, you lost it. There are no exceptions to this rule. You learn only what you document. It all adds up. Every smile. Every letter you wrote or call you made asking how someone was, when you didn't need to. Every kindness which you may have considered small, but which made a world of difference to its recipient. Every minute you spent reading, reflecting, recording. In short, everything that you were not pressured to do but you did



#DISCOVERY

Universe Has a Background 'Hum'



An evidence of large-scale motion of everything in the universe

An international group of scientists has made a groundbreaking discovery that confirms the existence of gravitational waves first envisioned by Albert Einstein.

The report says that astrophysicists were able to "hear" low-frequency gravitational waves - changes in the fabric of the universe that are created by huge objects moving around and colliding in space.

"It's really the first time that we have evidence of just this large-scale motion of everything in the universe," said Maura McLaughlin, co-director of NANOGrav, the research collaboration that published the results in The Astrophysical Journal Letters. These gravitational waves, detected at low frequencies, create a cosmic background hum that permeates the universe. The research indicates that space is filled with these waves, which oscillate over extended periods, primarily originating from pairs of supermassive black holes spiralling and merging together.

Confirming Einstein's Theory

Einstein initially proposed the existence of gravitational waves, or ripples in space-time, in 1916 as an extension of his revolutionary theory of general relativity. The famous theory described gravity as the distortion of space and time caused by matter.

However, it wasn't until 2016 that scientists successfully detected these waves directly, having relied on indirect evidence since the 1970s. The recent research heavily relied on pulsars, which are the highly dense remnants of exploded stars spinning at extraordinary speeds.

Gravitational waves are generated by astronomically dense objects in our universe, typically in orbital motion around each other. As these waves travel through space, they physically stretch and compress the fabric of space-time itself. Jeff Hazboun, an astrophysicist from Oregon State University and lead author of one of the papers published in The Astrophysical Journal Letters told the Reuters news agency.

The data for the latest report was collected by North American Nanohertz Observatory for Gravitational Waves (NANOGrav) Physics Frontiers Center, comprising over 190 scientists from the United States and Canada, in the period of 15 years.

Gravitational Waves Sound Like Hum

Scientists liken the universe's gravitational wave background to the hum of a large gathering, where individual voices cannot be distinguished. This discovery comes seven years after the initial detection of gravitational waves generated by two distant black holes, dense objects with gravity so intense that even light cannot escape them.

The motion of black holes and other massive objects can produce these gravitational waves.



By Rick Kirkman & Jerry Scott

BABY BLUES



ZITS



By Jerry Scott & Jim Borgman

THE WALL

