



World Social Work Day

The first official celebration of World Social Work Day took place in 2007, but the roots of the day go back much further. Originally, the purpose of the day was to engage social workers in a conversation about how the actions and work of the United Nations should be interpreted within the profession, and to provide an opportunity for collaboration on humanitarian issues. Each year, the organisers of World Social Work Day work towards supporting individuals in navigating challenges. Social workers compassionately empower communities, fostering resilience and positive change.

#AWARENESS

Global Recycling Day: Rethinking Waste, Reshaping the Future

Recycling is not just about managing waste, it is about securing the future of our planet.



Every year on March 18th, the world pauses to acknowledge Global Recycling Day, a movement dedicated to recognizing the pivotal role of recycling in preserving our planet's resources. While the mantra 'Reduce, Reuse, Recycle' has been deeply ingrained in public consciousness, the stark reality remains that humanity generates over 2 billion metric tons of waste annually, much of which finds its way into overflowing landfills, delicate marine ecosystems, and fragile natural habitats. This global observance serves as a clarion call to rethink waste, not merely as a burden to be managed but as an opportunity to reshape the future.

Recycling: The Seventh Essential Resource

Historically, civilizations have depended on six fundamental natural resources: water, air, oil, natural gas, coal, and minerals, to sustain life. However, as these resources face unprecedented depletion, recycling has emerged as the seventh essential resource, a critical component of environmental conservation and economic sustainability. According to the Bureau of International Recycling (BIR), recycling contributes to a reduction of 700 million tons of CO2 emissions annually, a figure that could be dramatically improved with more widespread adoption of efficient recycling systems.

A Tale of Two Worlds: Recycling in Developed vs Developing Nations

The global recycling landscape reveals a stark disparity between developed and developing nations. Countries such as Germany, South Korea, and Austria have pioneered robust recycling infrastructures, boasting impressive recycling rates exceeding 50%. Conversely, many developing nations grapple with inadequate waste management systems, often relying on informal waste-pickers who work under perilous conditions without legal recognition or financial support. Closing this gap requires a concerted effort through education, investment, and policy reforms, to establish a global circular economy where waste is not merely discarded but is repurposed into the production cycle.

Beyond Plastics: Expanding the Scope of Recycling

While plastics have long dominated recycling discourse due to their visible and persistent environmental impact, other forms of waste warrant equal attention. Electronic waste (e-waste), generated by discarded phones, laptops and appliances, is projected by the United Nations to reach 74 million metric tons by 2030, yet only a fraction is properly recycled. Similarly, the fast fashion industry is responsible for immense textile waste, with less than 15% of discarded garments undergoing recycling. Addressing these overlooked waste streams is imperative to achieving a truly comprehensive approach to resource conservation.

Individual Action: How You Can Make a Difference

- While systemic change is crucial, individual responsibility remains a fundamental pillar of global recycling efforts. Here are several actionable steps to contribute!
- Understand Your Waste:** Educate yourself on the specific materials that can be recycled within your local community to avoid contamination in recycling streams.
- Support Sustainable Brands:** Choose products from companies that prioritize eco-friendly packaging and recycled materials.
- Prioritize Reduction and Reuse:** Recycling should be the last resort. Minimizing consumption and reusing materials should take precedence.
- Advocate for Policy Changes:** Support governmental and corporate initiatives aimed at improving recycling infrastructure and legislative frameworks.

The Future of Recycling: Innovation and Transformation


The recycling industry is undergoing a transformative evolution, driven by technological advancements in artificial intelligence, blockchain, and biotechnology. AI-powered sorting systems enhance efficiency, while biodegradable packaging and chemical recycling innovations are redefining material sustainability. Yet, the most significant shift required is one of perception, recognizing waste not as an inevitable byproduct of consumption but as a valuable resource awaiting reintegration.




"Ohh, Ohhh, Ohhhh..."

Abid Ali


In the 1971 series against the West Indies, he batted with Sunil Gavaskar in the middle when India completed its maiden Test victories in the West Indies in March 1971. Five months later, he sparked in India's victory over England at the Oval. It is over half a century, but the smashing victory at the Oval, which was dubbed then as 'India's Cricketing Independence,' is now hailed as 'India's Cricketing Greatness' by cricket writers.




SUNIL GAVASKAR
"He gave his best when the team needed, even when he was asked to open the innings, though he was an all-rounder and batted in the middle order. He took numerous incredible catches in the leg cordon and this gave an edge to our spin. He was a thorough gentleman with impeccable manners and was a true professional."




S VENKATARAGHAVAN
"He was a compact all-rounder who believed in keeping his place in the team with consistent good performance. He could bat at any number and could bowl whenever asked."



FAROKH ENGINEER
"My friend Abid Ali rest in peace. Abid was a dear friend and my roommate on tours, a wonderful cricketer and a talented all-rounder, but grossly underestimated."



SYED KIRMANI
"He was the fittest man during his era and was known for his sensational running between the wicket. I shared 100 partnerships with Abid Bhai but never got run out."



MADDAN LAL
"I played with him in the Lancashire league in England. He was immensely popular but remained grounded. He was truly a gutsy fighter and the skippers liked him because he could deliver whenever asked. He was a model fielder and a master outswinger."



Syed Abid Ali, 83, passed away in Tracy in California in the US. He will be remembered as a lion-hearted, fittest player of his era and one who was also known for his excellence as a fielder.

Abid Ali was a Hyderabad. He played first class cricket in the company of Mansoor Ali Khan Pataudi, M. L. Jaisimha, Abbas Ali Baig, Jayanti Lal, Govind Raj, P Krishnamurthy and others. He belonged to the romantic era of the 60's and 70's when the Hyderabad team was a force to reckon with and gave fright to the night of many state teams like Bombay, Delhi and Rajasthan.



India completed its maiden Test victories in the West Indies in March 1971. Five months later, he sparked in India's victory over England at the Oval. It is over half a century, but the smashing victory at the Oval, which was dubbed then as 'India's Cricketing Independence,' is now hailed as 'India's Cricketing Greatness' by cricket writers.

At Port Of Spain, Abid and Gavaskar, with their sterling half centuries, cruised India to a position where India was creating history: Sunil Gavaskar was the discoverer of the tour and he scored four Test centuries including a double century. But it was Salim Durrani who bowled skipper Garry Sobers with a mesmerizing ball that came sharply. Then, he bowled Clive Lloyd with a ball that he took out in the air, forcing Lloyd to get beaten in the flight and his meek shot was captured

by skipper Ajit Wadekar. Abid was a great sportsperson and when India reached a decisive stage and on the verge of a historic victory, Abid and Gavaskar were occupying the two ends. Abid had scored a single off Garfield Sobers's full toss and this made the way for Gavaskar to hit the winning stroke. Gavaskar did by hitting Arthur Barret and India won the match. Abid wanted the young Gavaskar to hit the winning stroke.

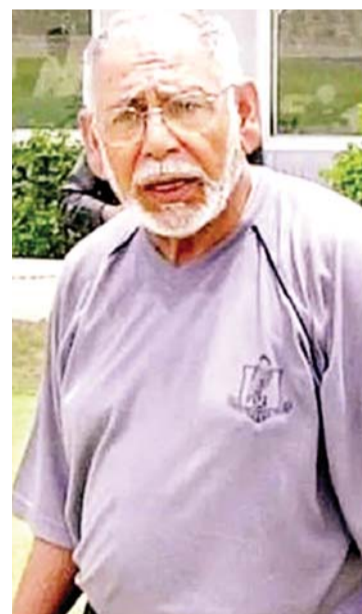
But Sobers, as the skipper, congratulated both Gavaskar and Abid Ali for the victory. Sunil asked Abid on the way to the pavilion, "Why you did so, you could have hit the winning stroke."

Abid replied, "No, Sunil batted so well, so well, in this test and he deserved it!"

It was a real sporting gesture! At the Oval in the summer of 1971, when India was poised to beat England on their own land, he, along with Farokh Engineer, was at the crease when India was inching towards victory. "Farokh Engineer, on the other end, reached me with a request to allow him to hit the winning stroke by taking a single and allow his to face Luckhurst."

But, Abid did not hear Farokh, and instead, faced Luckhurst himself and hit the winning stroke towards the rope. But even before ball could touch the rope, the massive crowd entered the ground to fetch the winning ball as a souvenir.

"I was there along with a very large diaspora, mostly Gujaratis and also Punjabis, and the crowd shouldered both Abid and Farokh



#OBITUARY

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Engineer to the pavilion, flying India's Tricolour. What was noticeable was a sizeable Pakistani crowd, which also hailed India's victory as if it was a 'twin nation independence cricket' said Prafull Patel, a community leader and a migrant from Africa to UK and now living in Mumbai.

Abid Ali was married to a doctor, migrated to US in the eighties and had a hilarious situation when he had to read his own obituary on two occasions.

When Abid underwent a heart surgery in 1995, and was in a serious situation, Farokh Engineer was an expert commentator on Doordarshan TV in a Test played in Mumbai, when the rumour about Abid Ali's death started to circulate in cricketing circle. Farokh Engineer, without even verifying the fact, broadcast news of his team-mate's death. It was a ticklish situation

One of my strongest memories from Mohi-ud-Dowla Gold Cup tournament was the running between the wickets featuring him and Syed Kirmani for State Bank of India. That team was arguably one of the strongest outfits in a tournament that was accorded first class status by the Board of Control for Cricket in India. But Abid Ali held his own in a star-studded side.

Abid played his last Test in 1974 and faded out as the Indian attack was primarily spin-based and the spin quartet of Erapalli Prasanna, Bhagwat Chandrasekhar, Bishan Singh Bedi, S Venkataraghavan kept Abid Ali out from the national team.

He played 212 First class matches (including Tests) and bagged 397 wickets.

He was, however, never honoured by the BCCI for his achievements or his contribution to the Indian cricket, which could have fetched him a handsome Rs. 15 lakhs. He had to be satisfied only with the monthly pension that he would receive from the BCCI.



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#J'ADORE Trend to Blend

We've rounded up ideas to help you rock different hair colour for men.



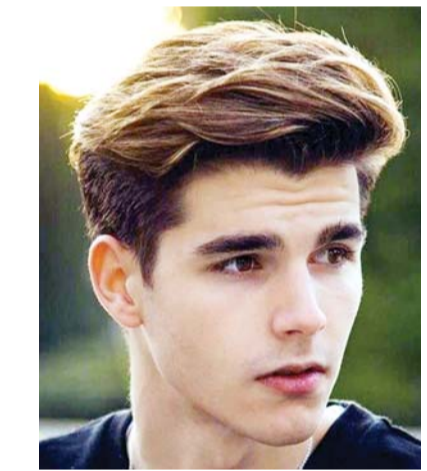
Hair colouring is for everyone. Men, who want to jazz up their look, have been turning to hair colour for that added oomph. If you've been wanting to try a new hair colour for men, you've come to the right place because we're giving you loads of inspiration to help you get started.

We've rounded up ideas to help you rock different hair colour for men. We have plenty of trendy hair colours for you to choose from, so that you can sport a new look.

Before you dye your hair, there are factors that you need to consider when picking a hair colour. First, is it flattering for your skin tone? Second, does it suit your lifestyle? And lastly, are you comfortable with it? At the end of the day, whatever colour you decide on, make sure you can rock it confidently, and this can only happen if you're comfortable with your choice of hue.

Copper
The copper hair trend is one of the biggest breakout successes of this year and if you're looking for men's hair colour ideas that will see you at the forefront of the fashion pack, this could be the one to go for. It is said that copper looks good on just about anyone, whatever their skin tone.

Ash Brown



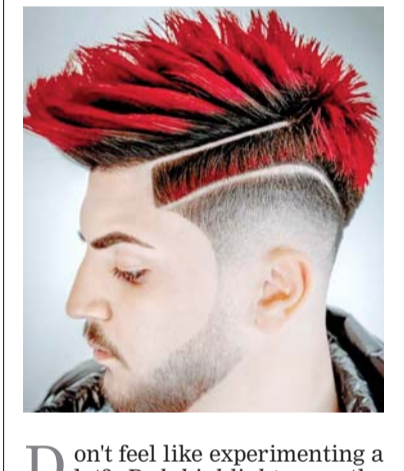
A trendy Filipino hair colour, ash brown is a medium shade of brown with a tinge of gray. It borders between light and medium brown, so, if you want to simply dip your toes in the medium hair colour spectrum, ash brown is your best bet. It goes well with either a neat comb over hairstyle or a playful textured do.

Turquoise and Blue



Inspired by video games and anime characters, this is a unique hair colour idea for men. This edgy look will definitely make you stand out in the crowd. It is a flexible hair colour style. The blend of hair colour allows you to switch between hairstyles whenever you want. Get two for the price for one! It really is a revolutionary hair colour for trendy men.

Red highlights



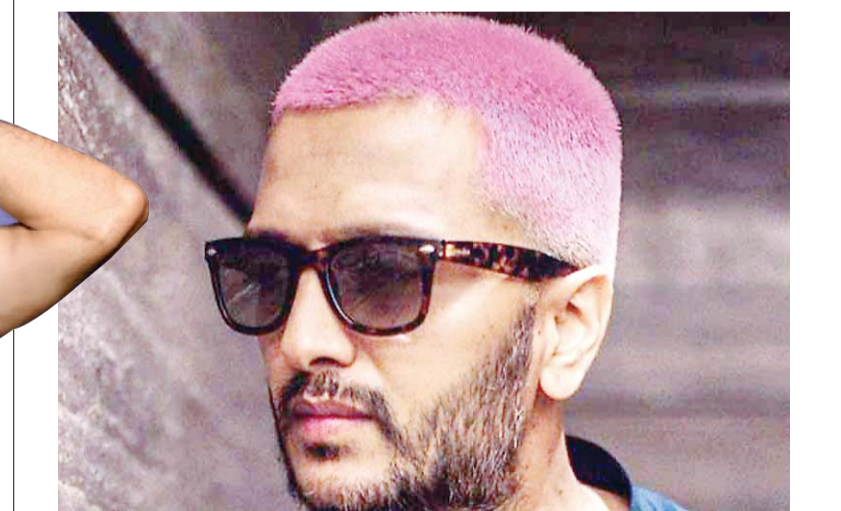
Don't feel like experimenting a lot? Red highlights are the perfect hair trend for you. These highlights will not change your personality but when the red strands are exposed to the sunshine, they will make the ladies go WOW. Red highlights have been trendy for many years now and many stylists think that it will have a huge demand in the approaching year as well.

Burgundy

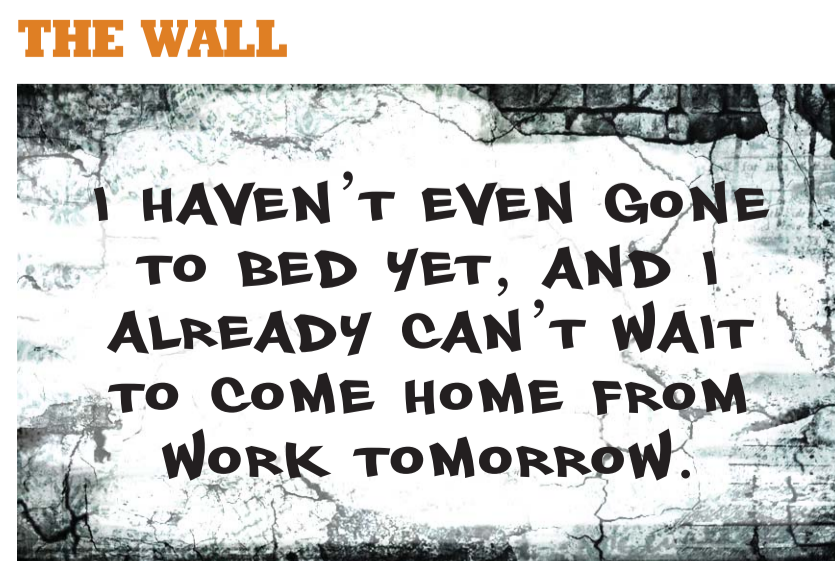


This hair dye colour adds a fiery touch without making your hairstyle look too loud. Put it on medium-length hair or complement it with a curtain hairstyle so that the colour will be appreciated more.

Creative Pastel Colours



Unless you have very light (or already bleached) hair, your barber will need to lighten your hair for the colour to take. Then, it's just a matter of choosing whether to go for mint green, baby pink, pastel blue, lilac or any other hue your barber has to offer.

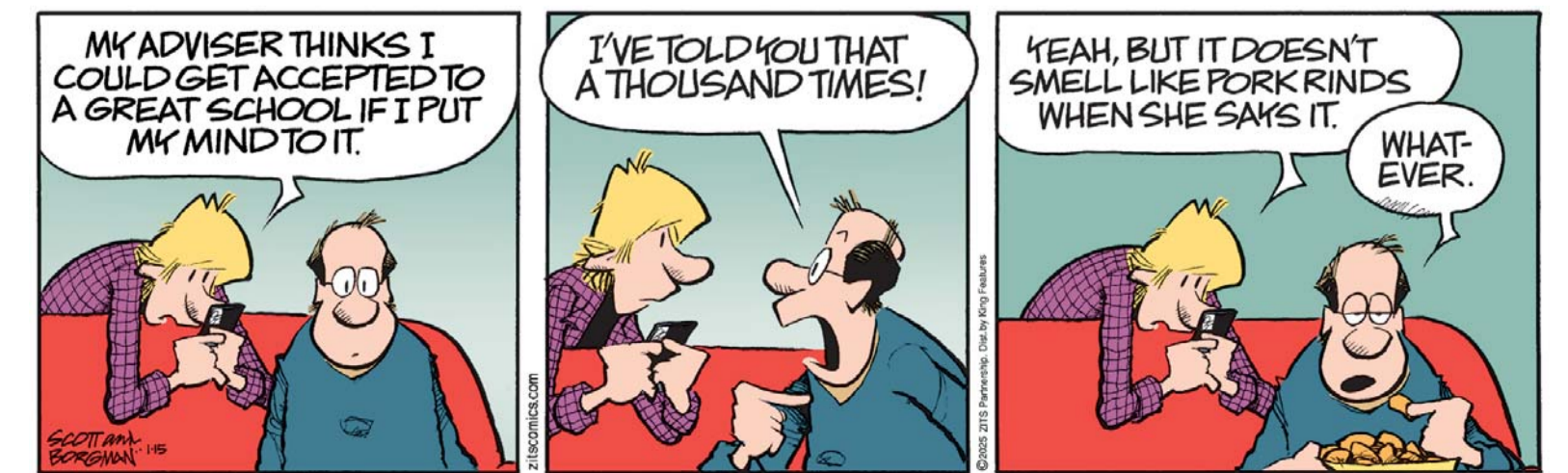


BABY BLUES



By Rick Kirkman & Jerry Scott

ZITS



By Jerry Scott & Jim Borgman